

QALANDER CONSCIOUS

THE BOOK BY
KHWAJA SHAMS-UD-DEEN AZEEMI

Qalander Conscious, This is unique book on Qalander Conscious Technology and Spiritualism. Normally people think that Spiritualism is very tuff subject or it is not easy to understand the laws of Spiritualism. All this things are wrong. this book proves that spiritualism is how much easy and logical thing. it is not story of past. At this time Spiritual Personalities are there, one of Great name is Khwaja Shamsud Deen Azeemi. He is chief Principle of Silsila Azeemia. Silsila Azeemia is a Movement. The motto of this movement is to closer the people to their soul, clear the relationship between GOD and Human, Love for All. Read this Book with open mind. There is no restriction of Religion, Nation, Color, Age, Sex to get guides from Us. Door of Azeemi is open for all, No Fee, Nothing is per-requisite condition. Only Serious and open mind persons Contact us We very thank full to you.

About the Author

Khawaja Shamsuddin Azeemi

Any Discussion regarding spiritual or occult science, interpretation of dreams, telepathy and institutionalization of mysticism remains incomplete if the august name of Khawaja Shamsuddin Azeemi is not mentioned. Khwaja Shamsuddin Azeemi, the chief editor of monthly Roohani Digest, is a Pakistani scholar of international repute in the field of spiritualism. Spiritualism that used to be considered something mysterious and hard-to-learn has been presented by him in most modern and scientific way bringing it out of the dark shadows of myths and lores. His contribution in scientifizing and institutionalization of the most ancient body of knowledge according to the needs of the modern era will be remembered for times to come.

Most of the people knows Khawaja Shamsuddin Azeemi because of his unique style of writing. He has authored over thirty books besides many pamphlets and articles covering almost every aspects of metaphysical sciences. Some of his books are translated into English, Russian, Arabic, Persian, Thai and local languages such as Sindhi, Pushto etc.. His two books are being taught in Sal ford University U.K. in the syllabus of Bachelors and Masters degree classes. His articles inspite the uniqueness of their subject matter

remain within comprehension of the common man. Presentation of a divine body of knowledge that has reached him in disciplic succession in most simple and understandable way is an incredible success and achievement of Khwaja Shamsuddin Azeemi.

His column 'Roohani Daak' has become a legend through which millions of people have been advised for their socio-economic, Psychological and spiritual problems over the past thirty years. Besides suggesting the solution of the problems of the people questions and queries about the most complicated and enigmatic phenomena of nature are also replied comprehensively in the light of the spiritual sciences. Every month about seven thousand letter seeking his guidance are received and replied as a free service.

In addition to this literary contributions to develop the mental faculties of the young generation he has been established a chain of Seventy muraqbah halls in the length and breadth of Pakistan, as well as in England, Middle East, Canada, U.S.A., Russia and other European Countries besides few in India to teach spiritual science and to train and prepare that lot of people who could carry the torch of the Divine missions of spreading peace and harmony after enlightening their own souls. Muraqbah Hall is a centre operating under his direct supervision and guidance where the students of spiritual sciences are taught the art of meditation, spiritual healing and learn to serve others without any distinction of cast, color or creed.

Khawaja Shamsuddin Azeemi, a mission oriented person, trained by his able teacher Hazoor Qalander Baba Auliya, is striving really very hard to spread this message that recognition of the soul is the only way to recognize our Lord God and recognition of the hidden potentialities which has been termed as parapsychology and deals with the laws of nature operative at the preternatural level.

Seminars, conferences, lectures and public meetings arranged on this subject, his appearance in 17 T.V. programmes in U.S.A., participation in various programmes of BBC London, private channels of radio T.V. in England and other European countries and U.A.E.. Also Pakistan Television, FM-101 Radio channel, Radio Pakistan have played a vital role in introducing this sublime branch of knowledge.

Through addressing people and affording a chance to them for direct counseling he is an rendering such a service for his fellow beings which cannot be ignored by any chance. All these seemingly Herculean task have the only motive of enabling the man to be acquainted with his Lord Cherisher after equipping himself with the insight and vision through that sacred knowledge which is the heritage of the Prophets.

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Preface

When God desired to materialize the Cosmic Program present in His Mind, He commanded 'Be!' and the Cosmic Program came into existence, in the following order and arrangement:

- One Book - Open and clearly manifested
- The Book contains three hundred million preserved Scripture therein
- Each Preserved Scriptorium consists of eighty thousand galaxies.
- Each galaxy has more than one hundred billion permanent Inhabited and settled Systems and 1.2 trillion unstable systems.
- Each system is composed of a sun (star) and its related planets; averaging 9,12 or 13 planets per Solar system

It is merely a fallacy and speculative consideration that the planet earth of our Solar system is the only planet inhabited by man. There exist colonies and settlements of man and jinns (Giant) in every galaxy: Each and every colony has a similar life pattern as it is there on the earth. Every style of life, every emotion and demand of life resulting thereof; hunger, thirst, sleep, wakefulness, love, anger, sex and reproduction etc., all exist on every inhabited planet

There are more than one hundred billion permanently inhabited and settled systems in one galaxy. The unstable systems are like the store houses for maintenance Of the permanent inhabited Systems, that is, the Unstable Systems disintegrate and this disintegration feeds the permanent System. Every system has its own skies planets mountains, animals, plants and minerals just as we observe in our own system

God created men and jinn's with His cherishing love and declared the Garden (Paradise) to be their abode and told them, "O, Adam! Dwell thou and thy wife in the Garden and eat of the bountiful things therein as where and when ye will, but approach not this Tree or ye will run into harm and transgression". (S:II; V:35).

One hundred and twenty four thousand prophets and messenger have been sent by God in this world so far to preach the rules for living the real life and to warn us about Hell. To spread the light of the teachings of prophets, apostles with the prophetic legacy have been following them. All the apostles, saints, sages and Auliya preached monotheism according to the requirements of their environments and ambience, in their respective languages. They procreate God is One and the Only, Unique, Absolute, insouciant. He is neither procreated nor He procreates and there is none like unto Him. Every religion has preached the same Oneness and the Unity of the God head. There does not exist any religion on the globe, which denies the existence of God. Friends of God (Auliya) have elucidated many ways and evolved many systems for the understanding and comprehension of the Oneness, the Unity, the Absoluteness and the Reality of God.

Torch of Cognition

To deliver its message, Nature keeps on relaying the torch of cognition of God from one hand to another. Sufies (saints), Walies, Ghouse, Qutub, Majzoobs, saints, Qalandars and Abdals are those hands of Nature which carry forward the torch of light. These holy people not only enlighten themselves from this light but spread it onto others as well. Their legendary deeds are not only indelibly inscribed on the pages of history but on the minds and the hearts of the people as well. Their prayers cause the endowment of life to the dead, health to the sick food for the hungry ones, riches and wealth for the poor, deliverance for the wretched ones, gifts of children to the barren and the bounties for those who are in distress and misery.

Status of a Qalandar

Qalandars, amongst such people, are those persons who enjoy freedom from the ties and bounds of Time and Space. All the living things are given in their charge and command, every bit and part of the universe is at their disposal but these holy persons are far above temptations, greed or lust. When people request them they feel duty-bound to listen and rectify the cause of miseries of people because they have been appointed by Nature for this very purpose. They are the ones about whom God says, "I befriend My servants and become their ears, eyes and tongue in order to make them talk, and touch through Me".

Due to the teachings of these holy people, are that everyone enjoys a relation of love and affection with God, a relation in which he can whisper to God privately.

Khwaja Shamsuddeen Azeemi

BODY AND SOUL

When we analyze life, we see that every man or woman wants to live a happy life. But the materialistic approach towards life causes hindrance and dismay at every step of their life as every moment of our life is perishable, mortal and variable. Moreover, we also do not know, indeed materialistically, what real happiness is and how it can be achieved. It is necessary that we should search for our Real Base in order to know this Real Happiness.

When we were "nothing", we must have been something, because not to be anything negates our being. Our material life commences from the womb of the mother. When after inception and passing through a certain process, this matter reaches its climax a living picture comes into being from nothingness. Circumstances and surrounding of this 'picture' provides it with such a training that it remains ignorant of the meanings of Real Happiness, what to say of the method of its acquisition.

To embrace the Real Happiness, first of all one should have the knowledge that life is not based upon the body only but it is based upon that Reality which has adopted this material body as a robe for itself. After birth, the second phase encountered by us is that in which every moment of our life dies after giving birth to another one. The moment, which is our childhood at one time and boyhood at another changes into old age from the youth-fullness.

The Living Picture

Our access to this Reality is possible only when we know that this Living Picture is not a 'body' but a Conscious. We are not at liberty to call it conscious only because the conscious is that medium of our identification, which is holding the whole edifice of our life together. It is in our knowledge that the extinction of body puts an end to the material density and pollution and we are also aware of the fact that the extinction of body does not cause annihilation of the consciousness, but on the contrary it is transferred to some other world.

One thing mentioned in all the sacred books unanimously and reiteratively is that man is not merely a material body but a consciousness. When we discuss the life span --- birth to death period, we come to know that the consciousness, the foundation of which was laid in the mother's womb, decreases on one hand and increases on the other. The more the decrease in the conscious the more is man carried towards the past; the advancement of the consciousness results in moving towards the future. The age factor is determined because of the increase and decrease in the consciousness. One state of the consciousness is called the childhood, the other is termed as the Youth and the third one is given the name of old age. In short, the consciousness which is maintaining this material life and upon which this body is takes the evolutionary steps, itself remains intact and constant.

Study of the Self

When we study ourselves, we conclude that we have a perishable and a limited body, which is our identification. The tangible body, which we see, is composed of density, dirt, putrefaction and effluvia. Basis of this putrefaction is that every man in this world

has been given to understand that he is matter; an offspring of the material world. This limited thought confine everybody in one place and every one finds himself incarcerated in the cobweb of restricted ideas. And thus results a confined and limited thinking. Every body living on this planet has categorized himself as a Muslim, a Hindu, a Parsi (Zoroastrian) or a Christian though the soul cannot be denominated by any name. Because a light is only light, irrespective of its belonging to any part of the world whether it is in Arab, Europe or Asia.

The system of God is established in such a way that all His Messages which have ever come to this world are incorporated and prevalent in their own typical words. The words of Bible are the religion of the Christians, Quran is the foundation stone of the Muslim religion, Hindus worship using the words of the Bhagavad-Gita. All these books are the voices of the holy servants of God, which have spread all over the world, just like light.

When we contemplate about the creation of the universe, we eventually come to the conclusion that our universe itself is the Voice of God. When God said, in His Voice 'Be!' the whole universe came into being. God introduces Himself as a Friend of the creatures. Just as a father does not forget his son, similarly God, too, is never forgetful of His creatures. Allah or God, who is our lord Cherisher and who provides us with every kind of resources and make us undergo novel experiences at various stages of our life is, indeed, our Friend.

Study of the sacred books reveal that God never leaves His creatures alone, in solitude no matter how different they are in physical features from others. When we think in terms of genetics, we find that creation is taking place under a definite program. When a seed is sown it is nurtured by the 'mother earth' to finally become a tree. When the seed is put in the soil, it absorbs water from the soil and water after entering through the micro Pyle nourishes the dormant seed. Cellular division takes place in the plumule, hypocotyls and the radical of the embryo situated between the cotyledons. The hypocotyls grows to be the trunk and the radical grows into the root of the tree. The epigeous growth of root causes it to enter the soil to absorb water and minerals for the germination and growth of the plant and its fixation in the earth. Contrary to it is, the epigeous and photo tropical growth of the hypocotyls which gives rise to the trunk. The food stored in the cotyledons is consumed during the embryonic stage of the plant till it begins preparing food for itself by the photosynthesis then these cotyledons dry up and plant grows into a mature tree. In the same way, when a man puts his seed in to a woman's body, a seed like germination process is established and a notochord is formed which finally grows into fetus and then finally a baby is born - just like the sprouting of a plant from the earth.

The Moulds of Creation

It would be true to say, in terms of genetics, that the birth process in man, dog and cat is alike and similar in its nature. Sperms infuse in the ova and according to a certain process it begins to grow. On the first night, it is almost of the size of a pea and then gradually it enlarges and grows till it becomes a living picture which is furnished with all the faculties of hearing, sight, speech and feeling. There are ten holes in this picture; upon which depends the whole life. Human abilities are also correlated with and dependent on these ten holes. These ten holes are responsible for the power of speech, hearing, smelling as well as protection and hygiene of the body through excretion of poisonous and waste materials. If even a single hole is not performing its task properly or is

functioning defectively, then human life is handicapped accordingly and the man becomes an invalid, useless or comparatively less capable.

Classification of Holes

Two holes of the human ears are for the hearing faculty. Two holes of eyes are for the sight i.e. reflections of the outside objects are displayed upon the mental screen of man through these holes to provide him the knowledge of existence of something and this knowledge after passing through various stages becomes the faculty of Touch. Two holes of the nose are responsible for the smelling power. Two holes of mouth and throat are for our food intake requirements and enable us to speak. Ninth hole is not only for the excretion of the waste material but it is also a reproductive channel. After absorption of the required energy from the food, the remaining waste is expelled through the tenth hole of the body. This is a system, which is permanent and regular and will remain so till the last Day of this world.

Germination of a seed leads to the formation of two things; a trunk and a pair of leaves. This creative process indicates that every thing and every being is 'Dihedral' and then each of the two sides is further sub-divided to form many sides. Man is also a compounded picture of dihedrals. There are two brains in man, one on the right side and the other on the left side of his skull. There are two eyes, and two nostrils. Throat is apparently one but that also is sub-divided into two parts because of uvula, and has two openings; one for lungs and other of the gullet. Hands are also two, then two legs, two feet, two kidneys, two portions of liver, even heart is basically divided into two pans by means of septum and two lungs and so on and so forth. When the material body of man is analyzed in the like manner, we are constrained to admit that the human creation is dihedral. More thinking leads us to the fact that mankind and all other species are also dihedral; male and female, man and woman, father and mother.

The Law of Sex Appeal

Man (male), according to the law of Creation, is also dihedral and the woman (female), too, is dihedral. there is a man hidden in every woman and a woman is hiding in every man. Had Eve not been present in Adam, her birth would not have possibly taken place. Second example is the birth of Christ from Mary. Thus every individual is two-folded duplex. One fold is manifested and predominant and the other immanent hidden and suppressed. Man or woman both are dihedrals in this respect each with one side manifested and the other immanent. The manifested side of a woman is exhibited before us in the form of a woman but her inner side remains invisible. Similarly the man's manifested side remains hidden It is therefore the manifested side of man which appears as a man and the woman appear as woman is the manifested side of the woman. The opposite inner feminine side is enfolded in the manifested side of man and the opposite inner masculine side of a woman is enwrapped in her manifested feminine side. The law of Sex Appeal and reproduction is based upon these very two sides. Since the inner man of the woman is dominated therefore he longs to adopt the predominant side of a man before him and wishes desperately to absorb in it for completion and perfection of his self. Similarly the hidden woman in a man is incomplete and dominated therefore 'she' also longs to embrace the manifested woman for her completion. This means that the sex appeal is not present in the man or woman longing for completion of the before us but exists because of the longing for completion of the hidden woman or man in them.

This is what is generally called Sex Appeal. Cases of change in sex are commonly observed by us. This happens because the stimuli of the immanent side become so intense and predominant that the stimuli of the manifested side becomes paralyzed and suspended. It happens when the inner woman of a man becomes predominant over the manifested masculine side and the manifested side of the man becomes dominated and suppressed and consequently the man is transformed into a woman. And when, the stimuli of the manifested side of the woman are over powered by the inner man in her, she changes into a man.

The Inner and the Manifested

It is this endless chain of creation that invites our deliberation that there is one inner side and one manifested side in us. The manifested side is called the Matter and the Inner is called the Soul. Soul, too, is dihedral. One of the manifestations of the soul is 'the robe' adopted by the soul and the second manifestation is the Soul itself. **Holy Qalander ba'ba Auliya** (May Blessings of God be upon him) in his book **Loh-o-Qalam**; (The pen and the Scripturum), has exemplified these two sides as 'robe' and 'body'.

He States:

"A figure of flesh and bones is there before us. Physiologically, construction of muscles etc. over the skeleton of bones has given the shape to a body. This structure, the body, is considered to be real. For its protection a thing called dress has been invented which could be of Cotton, Wool, or leather etc. The attire is, basically, to protect the body of flesh and bones. The dress, in fact, has no life or any movement of its own. When it is on the body it moves along with the body; it means, the movement of the dress is that movement which is transferred to it from the body, but actually the movement pertains to the functional limbs of the body. When we lift our hand, the sleeve also moves along with the moving arm. This sleeve is the arm of the dress, which has been taken on for the protection of the body. Thus the definition of the dress would be that when it is on the body the movement of the body transform in it and when it is taken off and placed on a hanger it becomes static and devoid of any movement. Now we take into consideration the comparison of the dress with the body. Many examples can be put forth but to explain the true meanings only one should suffice. That is, when one is dead, the body of the deceased may be cut into pieces, dragged along, anything may be done to it but it will not offer any resistance nor will any movement be initiated on its parts. It will remain resting as and where it is laid, no trace of life - at any time, is possible in it. It means that after death, the body becomes just like a discarded dress. The actual person in it abandons it. He leaves it and goes somewhere else. When it is established through observations and experiences that the said body of flesh and bones is merely a 'dress' and not the actual person, then it becomes necessary to find out the reality of man and his whereabouts after leaving it.

Had this body been the actual person, there should have been, somehow or the other, some traces or signs of life after death. But the whole history of mankind cannot produce even a instance of movement by a dead body. In this situation, we are constrained to be curious about the person who quits the 'dress' of the body and leaves for somewhere else. The name of the very person, as called by the prophets, is the Soul (Rooh). is the real body of man, and this very body possesses all those potentialities which are collectively termed as LIFE.

This fascinating example of the robe and the body decisively proves that the real proves that the real life is not the 'robe'. A robe is a robe as long as it is upon the body, when it is taken off or discarded, it bears no significance, it dissipates and perishes.

SEMBLANCE OF SPECIES

Our nature and instinct are two distinct and separate things. We have a mental semblance with other species like goat, sheep, cow, buffalo, dog cat, snake, pigeon, dove etc. And in our nature we have our own distinct position and status, which has been granted to us by that Divine Being, Who is Supreme and Above all species and all individuals of the universe. And this bestowal or grant is the sagacious intellect or the power of contemplation. No reasonable person can claim that animals do not possess mind and sense. In certain matters animals demonstrate more intelligence, common sense and alertness than man.

There are quadrupeds which have the striking ability of foresight Cats, dogs and many other animals can foresee the forthcoming disastrous events and earthquakes. Before the historic earthquake of San Francisco, in 1906, dogs started barking causing unrest and disturbance for die people. Water-fowls nestled on tall trees and pigs started fighting with one another. Cows broke away in sheer fright. Similarly, the rats living underground; the weasels, and many other animals made their escape from die ancient *Greek* city, Hellas, five days prior to the earthquake. The sky over the city of Conception in Chile was swarmed with flocks of terrified and screaming birds, which followed the destruction of the city, by an earthquake.

Powerful Senses

Earthquakes, usually, do not strike suddenly. Interlocking of the subterranean sedimentary rocks is the climax of the primary stage of an earthquake. Constantly increasing geological pressure brings about unusual changes in the crest and trough of the upper crust of the earth and the waves of the earthquake begin to appear in the subterranean rocks. A slight change takes place in the magnetic field of the earth. Human senses are unable to detect these initial conditional changes but the animals, in this regard can immediately feel the slightest cracking of the subterranean rocks before the earthquake actually strikes.

Man's auditory abilities are comparatively very limited. Man can only hear the sounds having the frequency of twenty cycles per second but sound waves with frequency of more than twenty thousand cycles per second are inaudible to human ears whereas dogs, cats and foxes can even hear the sounds of frequencies of up to sixty thousand Cps. Rats, bats, whales and dolphins can hear the sound waves whose frequencies range up to hundred thousand Cps. In the ocean, fish can feel even the extremely slight vibrations. Man's range of sight is also quite poor whereas the bees can even see the ultraviolet rays. Falcon's eye sees a thing eight times enlarged than it appears to man.

Detective Dogs

Dogs are wed the world over by the police, for a long time, for tracing out and for the identification of the culprits. There are about five million sensory cells in the human nose whereas some races of dogs are ordained with more than two hundred million of such cells and the smelling power of dogs is accordingly many million times more than the human smelling power.

Division of Eggs

One can adjudge the wisdom and Cleverness of an ostrich from the division and grouping of it eggs, It divides its eggs in three groups. It bury few of them in the sand, few are left

out in the open sun and the rest are incubated. When the chicks are hatched, they are fed upon the liquid diet obtained from the eggs which were left out in the Sun. This feed accelerates the rate of nourishment of the chicks and when the chicks grow a bit, the buried eggs are dug out and after cracking them they are left in the open. This causes worms and insects in these eggs which becomes the readily available feed for the young ones of the ostrich. Later on the chicks feed themselves upon grass and soft vegetation until they themselves become adults. The planning exhibited by the ostrich regarding division of its eggs, is indeed a clever use of gifted intelligence.

Before the Invention of the Electricity

The house (nest) of the weaver bird; a bird smaller than a sparrow, is a masterpiece of architectural planning. This doom like hanging nest has rooms, swings, and even 'beds' to rest. This small, two inch in size, bird has this much sense and wisdom that it captures fireflies to illuminate its 'house'. By using its prey as a lamp it keeps its house lighted. This tiny bird knew how to keep its nest lighted much before the discovery of electricity by man and harnessing it for his use. For generations it has been using the fireflies, as bulbs.

Sound of the Rain

Kiwi, a New Zealand bird, uses an interesting technique to get its food. When despite hectic efforts it cannot find anything to eat, it produces a sound, which resembles the sound of rain. Insects considering that it is raining, come out of their hidden places and fall prey to this bird.

Clever Fox

The fox is known for its cleverness and wickedness. The day when it cannot lay its hand on any prey, it decides to try a clever trick and lies down inflating itself by drawing-in a deep breath. Birds, considering it dead, come down to feed themselves upon the 'dead' fox but before they can enjoy their meal, the fox helps itself to their meal.

Banana Orchards

J.H. William has mentioned an interesting event of two young elephants in his book; "The Elephant". These two elephants usually roamed and wandered freely with sounding bells in their necks, enabling the keepers to know their whereabouts. One day both visited the nearby pond and filled the bells with mud, consequently the bells jammed and did not ring any more. They both made their way to the nearby banana orchard and feasted themselves with bananas of their choice to their satisfaction without any fear of the keepers.

A Trick

Two dolphins were playing 'hide and seek' with an eel. The clever eel dived and took refuge in a hole, the cleverness of the dolphin was noticeable when it caught a fish, which had a poisonous sting and inserted it in the hole where the eel was hiding. The eel on seeing the stingy fish was forced to come out of its shelter and thus the game started over again.

Regardfulness of a Lion

The founder of the Qalander Conscious and the grand son of Hazrat Taj-ud-Deen ba'ba Nagpuri, Qalander ba'ba Auliya has stated an event of the regardfulness of a lion and has given its scientific explanation thereof. He states, "Once, grand-father, Taj-ud-Deen climbed a hill in the jungle of Waki Sharif (India) with a few others. When someone hinted about the presence of lions in the jungle, he smilingly said that he who fears the

lion may go back while he himself intended to rest there for a while and most probably the lion would come but don't bother and let him stay. Few of us hid ourselves in the nearby trees and bushes and most quitted for the good. It was the summer season, cool breeze and the shade of the foliage were intoxicatingly tranquil, grandfather chose to lie down on the thick grass and closed his eyes.

It wasn't long before that the fright of the jungle grew intense and sense of some-thing-will-happen captured my mind. I was waiting intently. This waiting wasn't for any Sadhu, Yogi, Saint or for any human being, but it was for a beast, who, at least in my mind; was moving step by step. I was looking towards grand-father, and then was moving step by step. I was looking towards grand-father, and then huge, a lion appeared which was climbing up the slope of the hill, very slowly, very respectfully. He was advancing towards grand-father, with eyes half closed, in a short while he reached close to grand-father and licked the feet of grand father who in the mean time was sound-asleep. The beast closed his eyes in ecstasy and placed his head on the ground almost touching the feet of grand-father, who was still sleeping unaware of the presence of the beast Lion, after gathering his courage, started licking the feet of grand-father. This woke grand-father up, he patted the beast on the head and said, "You came, I am pleased to see you healthy, well, now go!" The lion wagged his tail in gratefulness and took his leave.

I thought over this incident again and again, nobody had ever witnessed the lion coming to grand-father before. Therefore, we have to admit that the lion and grand-father, were mentally acquainted with each other. There is one way for this acquaintance, the waves of Ego (the thought waves) which interacted between grand-father and the lion, were the source of their acquaintance and meeting. This is how intuition takes place in the Percipients and cognisers. By this incident it is evident that in animals too, intuition takes place. In this regard, man and all other creatures & equal and alike.

Waves of Ego

This law should be remembered with great consideration that most of the thoughts coming to our mind are not related to our affairs. They belong to the nearby and far away creatures which exist somewhere in the universe. The concepts belonging to those creatures come to us through waves and when we try to establish a link between these thoughts with our life, we simply fail. Few things are worth considering regarding the waves of Ego. According to the scientists light is the only thing that has the maximum velocity but it is not that swift and nimble that it could eliminate the distances of Time and Space. But the Waves of the Ego (thoughts) are present everywhere in the Boundlessness simultaneously gripping the distances of Time and Space in their clutches. In other words, Time and Space distances do not exist for these waves. The distance which the light waves have to cover up, existence of that distance is not at all acknowledged by these waves.

Silent Conversation

Human beings are conversant with the act of articulation from the very beginning. In talking, the sound waves with predetermined meanings, convey the information to the listeners. This method is a duplication of that communication style which takes place between the waves of Ego. It is a common observation that a dumb person conveys everything with a slight movement of his lips and those who are versed with lip-reading understand every thing, which he desires to convey. This too, is a replica of the same

method. Animals convey their feelings to their fellows without producing any sound. In this case, too, the waves of Ego are operative. Trees also converse and communicate with one another regardless of distance existing between them. This conversation not only takes place amongst the nearby trees, but the trees at far off distances also take part in it. The same law is valid for the minerals as well Stones, pebbles and the dust particles also negotiate with one another exactly in the same style.

Single Unconscious

Many events of people with spiritual powers, prophets are evident that only one and the same Unconscious is actively functioning in the whole universe. Every wave of the seen and the Unseen understands the meanings of the other thought, even if they are located at the opposite poles of the universe. Understanding the significance and meaningfulness of the Seen and the Unseen is the life essence of the universe. We, with a considered contemplation about this life essence, which is our own life essence as well, can explore the conditions and situations of other planets besides the other planets. We can discover the thoughts of man and animals, can acquaint ourselves with activities of angels and jinns, and know the internal stimuli of plants and minerals. Continuous concentration transmutes the mind into Cosmic Unconscious and the artificial self adopted shell of our personality is emancipated from the clutches of Ego and begins to observe and understand any thing required and preserves it in the conscious".

An Ideal Society

Life styles of animals very closely resembles the human social life which proves to be an evidence of the active use of intelligence on the part of animals. Few such examples, for the interest of the readers are stated here. The life of honeybee; a member of the insect family, could be an out standing example in this regard. Honeybees live in a colony of honey-comb, which comprises of thousands of hexagonal cells made of wax. These are headed by a Queen. There are about two thousand male-bees, rest of the subjects are females, numbering around twenty thousand per honey-comb. Females are imperfect i.e. neuters and are to perform the duties of workers.

Queen, the most beautiful of all, remains in the honey-comb, lays one to two thousand eggs a day. The eggs are of two types; fertilized and non-fertilized. Queens and workers are hatched out of the fertilized eggs and the males are produced from the non-fertilized eggs. Few worker-bees always remain in queen's service. They take every possible care of the queen. The average age of the queen is three years. The guard-bees protect and serve the queen until she actively and efficiently starts performing her administrative and reproductive duties. But when she grows older or becomes negligent of her duties, these guards assemble around her and she is stung to death by the collective attack of her guards. The news of the death of the queen is announced to the colony by few bees who hover over the hive emitting a peculiar sound, many times. In order to appoint a new queen, three days old fertilized eggs are, separated. When larvae hatches, they are fed upon pollen-grains and nectar collected from flowers. In a few days larvae envelope themselves in cocoons growing into pupae. The cells containing pupae are sealed up with wax by the workers. The pupae come out of their cocoons, after fifteen days, as adult bees. One of them is appointed as the queen of the hive and the rest of them fly away to build their own separate hives.

The workers are smaller than the queen bee, and their average age is also only two months, which they spent in rigorous labor, starting from the third day of their life after hatching out of the eggs. Honey comb is built by the workers from the wax produced in their wax-producing glands. The hive is divided into many sections. The central portion is the largest and is reserved for the queen. There are hundreds of cells for males. Besides apartments for the workers there are storage god owns for pollen-grains and honey, to be consumed later on.

How is Honey Made?

Supply of food for all the bees of the hive is the duty and responsibility of the workers. They hunt nectar from flower to flower for the preparation of honey. The sweet juice present in flowers is collected through the tube like tongue and deposited in a sac like structure; the honey stomach. The pollens are collected in pouches located in their hind legs. After this the bee returns to its hive and the collected pollens are deposited in the god owns. In the mean time the nectar present in the honey stomach, undergoing many chemical changes, is changed into honey, that too is stored in the cells and is sealed with wax, for use in winter. But man stealthily takes away their reserves and they once again set to prepare the honey with the same zeal and vigor.

The males are extremely lazy. They only perform the duties of a husband to the queen. when the queen is mature, she flies from the hive, the males chase her and one of them succeeds in impregnating her. They have no other function to perform except the sexual duty. When queen begins to lay eggs they die of their natural death.

Sensibility and Wisdom

In summer when it is feared that the heat will soften the wax, this small insect cleverly saves its house from destruction. All the workers, during a hot day sit on the edges of the hive-cells keeping their wings out of the cells and the air is fanned in the cells by fast motion of their wings in order to control the temperature in the honey-comb and the honey-comb is thus saved from the hazardous threat of melting.

God has inspired this ability in a bee, that it does not suck the nectar of a flower which is diseased or poisonous. It only chooses those flowers that extract the wholesome essence from the earth. This is the reason that honey is curative for many diseases and ailments.

The Clever Ant

Sagacity of a tiny creature like ant could be well judged from the following story. An ant invited King Solomon and his army to a feast. King Solomon, who was a great king and an exalted prophet of God, his army besides men included jinns, quadrupeds, beasts and birds. He enjoyed all the authority and control over the season and winds. He picked up the ant and placing it on his palm, asked; "Tell me; whose kingdom is vast, yours or mine?" The ant replied, "Only God knows whose kingdom is great but I know it well that at his moment, the palm of King Solomon is my throne."

The Ruler Ant

King Solomon was the youngest son of David, he succeeded his father in 965 BC and ruled for about forty years. God had bestowed upon him the ability of understanding the languages of animals. Once he was proceeding on a venture with a grand convoy of men,

jinns and animals. Despite the large strength of the army nobody could dare to be undisciplined in order or ranks. All were marching in their respective columns and troops in obedience to their great marshal; King Solomon. When they reached a valley, occupied and inhabited by ants. The ruler of ants, seeing the multitude of army advancing towards their valley told his subjects, "Enter your holes, what do Solomon and his army know of our presence in the valley, lest we are trodden down under the feet of his army, in ignorance on their part".

This event has been stated by God in the following manner. "And We gave Knowledge to David and Solomon and they both said," Praise be to God, Who has favored us above many of His servants who believe; "And Solomon was David's heir. He said," O ,ye people; "We have been taught the speech of birds and on us has been bestowed all things: this is indeed Grace Manifested". And before Solomon marshaled army of jinns and men and birds and they were all kept in order and ranks. At length, when they came to a lowly valley of ants, one of the ants said, "O,ye ants, get into your habitations, lest Solomon and his army crush you under their feet without knowing it." So he Solomon, smiled amused at his speech and he said, ":O, my Lord; so order me for Thy favors, which Thou haste bestowed on me and on my parents, and that I may work the righteousness that will please Thee and admit me, by Thy Grace, to the ranks of Thy Righteous Servants." (S;27: V;15-19)

Tiny creatures like ants have their own specific social set-up, all the systems of human life are duly present in this tiny insect's Life. A colony of ants comprises of thousands of members of different and various forms, shapes and colors. There is queen for each colony. Every member of the colony obeys her orders. In a colony of ants there are artisans, engineers, horticulturists etc. Military organization is also there. They are dutiful and sacrificing. Every one performs its duties efficiently. There are both male and female ants but reproduction is carried out only by the queen. If the queen dies accidentally, a new queen is not appointed like bees, but they merge into some other colony of ants. Colony of ants offers a very fine and typical example of division of work. The work is divided amongst various types of ants and every one performs its duty to the best of its ability. Workers supply food and look after the members of new generation. Laborers handle the goods. Males participate in reproduction and when the queen is impregnated they are no longer required and gradually annihilate.

Queen's body enlarges when the time for laying eggs approaches. Attendants and workers become more care taking. A new community of ants emerges from the eggs laid by the queen. Twenty to thirty eggs are laid in a week time, which are detached from the body of the queen by the workers and are safely kept for incubation. Larvae hatch out in a few days from the eggs and gradually develop themselves into adult ants. About half a dozen eggs are looked after with special attention, as they would be new queens. After the birth of new queens the whole community is divided into six or seven parts, each part headed by its respective queen. Workers of each queen excel in service and obedience to their queen. How does this tiny insect work so organizing with mutual co-operation? This sense of organization and the mutual co-consequential of operation is inspired to it by Nature. This disciplined organization is indeed consequential sensibility and intelligence.

Honey Ant

One type of ant is the Honey ant which stores the fruit juice in its stomach and clings to something in an upside down posture. Queen and other ants lick its body till the honey in her body is exhausted.

Horticulturist Ants

Another type of ants are horticulturist, These ants cultivate the orchards of fungus, in the galleries and cells of their habitations. These orchards are nurtured artfully. These are the orchards of fruits for the ants and they provide food for all the members of the community.

The Laborer Ants

These ants collect grains and store them in cells for consumption at the hour of need. These ants are so duty conscious that they carry loads ten times larger than their body weight.

The Engineer Ants

These ants perform excellent and skilled piece of work. They build a large hall in the center, which is used as the royal place and is connected through galleries, all sides. It is kept very clean and tidy as it is the queen's lodge. Workers and laborers both remain busy to perform various services to the queen. There are cells in the galleries either to store food or for residence of workers and labors. The castle built by them is strong enough to stand against weather, water and heat.

The Tailor Ants

There are ants who are expert tailors. They sew leaves for the protection of the newly hatched leaves from the preying birds. These ants are so expert in stitching that anything they sew appears to be tailored by some expert tailor.

The Soldier Ants

There are ants that could be termed as the soldier ants. They are mostly nomadic, they live like soldiers in camps, in jungles. These ants travel in convoys. Their queen remains in the center of its attendants. The convoy remains mobile during the day-time. Any insect obstructing them is killed by the guards. At night they assemble on a tree and arrange themselves in a pillar like formation. The way they assemble, for the over night stay, is quite interesting. The queen, and her attendants stay in the center surrounded by the workers and the soldiers. Gallery like passage is left in their formation for ventilation, as if they know the scientific principles of respiration. In the morning with the rise of the sun, after their over night stay, a contingent of dozen or so start their journey others following them begin to move and the convoy once again sets off on it journey.

Ants Free of Time and Space

There are special type of ants which have the extra ordinary ability to dissolve themselves in the air, eliminating the distances involved, reaching another place with in no time. As a result of many experiments conducted, on these ants scientists have now proved that these ants can dissolve themselves in the air.

The Messenger Bird

The story of King Solomon and the queen of Sheba as stated in the holy books and scriptures also tells us about the intelligence of a bird In the grand court of King

Solomon jinns and animals besides men, were present according to ranks and order, to carry out any assignment entrusted to them. Once when the court of King Solomon was held in all its grandeur, Solomon noticing the absence of the Hoopoe, said, "Why is it, I see not the hoopoe? or is he among the absentees? I will certainly punish him with a severe penalty or execute him unless he comes up with the clear reason for his absence". The hoopoe tarried not long, he came up and in reply to the inquiry of King Solomon submitted, "I have come up with such an information which will certainly be not in your knowledge, that is, in Yemen there is a Queen of Sheba. God has provided her with every requisite and she has a magnificent throne. The Queen and her subject practice the worship of the sun. Satan has misled them and they do not worship the One and Only God". King Solomon said, "Soon shall we see whether you have told the truth or lied. Take this letter of mine and deliver it to them and see what they have to say about it".

When hoopoe dropped the letter before the Queen, she was leaving for sun-worshipping. The queen studied the contents of the letter and said to her courtiers. "Here is a letter delivered to me, it is from Solomon and reads," In the name of God, Most Gracious, Most Merciful. Be ye not arrogant against me, but come to me in submission to the True God. "She said, after reading out the letter, "Ye chiefs advise me in this regard, no affair have I decided without your consultation. They replied, "There is no need to be afraid as we are endued with strength and given to vehement war but the command is yours, so consider what you decide" The queen expressed, "keeping in view, the way this letter is delivered to us, we should take a considered step in this regard and I would like to send an emissary to Solomon with gifts and presents". When the envoys of Queen of Sheeba reached Solomon he said, "Take these presents back and tell your Queen if she did not acknowledge my message, I shall come to Sheeba with a great army and they will never be able to defend themselves".

The envoys on their return narrated what they had seen in the court of King Solomon and told her that Solomon is not only a ruler of men but Jinns and animals are also ruled and governed by him. The Queen after hearing all this decided to submit and started for King Solomon. Solomon learning about her decision said to his courtiers "I want, that before the Queen could reach here, her royal throne be present in this Court".

Journey on Waves

A giant jinn said, "I can bring it here before' the court is adjourned by you". A man who possessed the knowledge of the Holy Book, on hearing this, said, "I'll bring it here before you could wink your eye". And Solomon turned and saw the throne of the Queen present in the court. He ordered, Transform this throne out of recognitions by her, let us see whether she is guided to the truth or not. So, when after some time Queen reached there, she was asked, "Is your throne like this?" The wise queen replied, "It appears to be the same" and added, "We had the idea of your unmatched power and it was so that I am here in submission and now this splendid event of throne is yet another demonstration of your unprecedented power and an eye-opener for us and I, once again express my submission to you

Solomon took her to his palace, constructed magnificently by men and jinn engineers. It was unique in its loftiness, grandeur and marvelous decoration with gems. There was a water pole right at the entrance of the palace covered with transparent tiles of quartz which illusion the eyes and one would take it as water flowing on the floor. When the queen was led to the palace for her stay over there, she found water flowing on the floor,

finding no other way to enter, she tucked up her skirts, uncovering her legs. Solomon informed her, "This is only a paved passage, smooth with slabs of glass". This was enough open her eyes in bewilderment. It was a smashing blow upon her false dignity, vanity and pride, she felt humble and said admitting her fault, "O, my Lord, I have indeed wronged my soul, I do now submit with Solomon to the One Lord of the worlds". These are the few examples, out of thousands, to establish comprehensively that besides man, other creatures; the birds, quadrupeds, beasts, insects and jinns, all have intellect and consciousness.

LAW OF INVENTIONS

God said, "We gave the knowledge to David and Solomon which was inspired to them from God". Inspiration, whether it is due to hearing or seeing something, is always from God. The knowledge descends upon prophets through Revelation (Wahi). Any thought coming into our mind from God is the Knowledge granted by God.

Various scientific inventions and discoveries like Airplane, Computers, Television, Telephone etc. were made possible only when God inspired people with the knowledge of novel inventions and innovations because existence of anything is not possible without Knowledge. One finds, what one seeks. It bears no significance for God that whether one acknowledges God or not.

Deportment of God

It is a rule that if one sets in pursuit of anything with determination appointing his goal as the main aim of life, he gets it. It is deportment of God, which prevailed in the past, is prevailing now and will remain prevailing in the future. The expression, "He gets' who searches" an old saying asserts the same. When search for uranium was initiated by the scientists many jested and laughed at them but they kept on looking for it with determined zeal and at last they were the ones who found the uranium. It is the same metal which is the most vital component for the atomic bomb.

The stories stated in the holy books and the Quran, regarding King Solomon are not mere stories stated by God to impress us. Why should God be impressing us, what are we and what is our position in the vast perspective of the universe. Boundless is the Knowledge of God. The purpose of God is to tempt us to follow the example of the advancing people. This story is also aimed at our guidance. Jinns have been mentioned by God to tell us that the jinns can be subjugated by man. If the science, called the Knowledge of the Book, is looked up in the holy books that will certainly enable us to have a superiority not only over the jinns but over the entire universe.

Timelessness

Delay on the part of hoopoe, informing about the Queen of Sheba, telling about their sun-worshipping, delivering Solomon's letter, are not devoid of points of wisdom, the wisdom of God is hidden in them. The first thing mentioned in it is that Solomon, who was a man had the authority to rule over the men, jinns, birds, quadrupeds and beasts alike.

The second point is that nobody could dare to be arrogant and in case of arrogancy or disobedience he would be punished as was said by Solomon about the hoopoe. The third point is that he was provided with every sort of sustenance to feed the whole army of jinns, men and animals. This story tells us about a jinn, one of the subjects of Solomon, who could have brought the throne of the queen of Sheba (within an hour or so) from Yemen to Jerusalem which is about fifteen hundred miles away from Jerusalem.

This story also tells us that man has more access than jinns because he has the knowledge of the Book and a man who possessed that Knowledge practically brought in the throne of the Queen within a wink of an eye. God has stressed upon the point that the knowledge beneficial to mankind in any form is present in the holy Books and no

condition, as such, to be a prophet to use and be benefited of the Knowledge has been imposed thereof. Rather every human being has the intrinsic ability to use it. By learning the knowledge of the Book one could be enthroned in a seat from where he could exercise the authority to control and influence the universe.

If this ability of, learning is refused on the pretext of someone's humbleness and inaptitude to learn this knowledge, it would be wrong to do so. Because, God by mentioning a 'man' in the Story of King Solomon has generalized this ability provided, one could take pains to ponder, contemplate and look for it. By stating this law, we, by no means, intend to diminish or belittle the status of prophets. Prophets are the best of the human race, selected and chosen, they are the source and the origin of all the knowledge and sciences. We only mean to say that every individual of mankind by using the Knowledge of Prophets can conquer and have control over the phenomenal world.

Instinctive and Natural Demands

Man is motivated and compounded two types of demands; Instinctive and Natural. We have control over the instinctive demands and to some extent even over the Natural demands but we cannot totally defy them. It is a system, which is based upon Instinct and Nature. Every member of every species is linked with one another in a tangible relationship. Who doesn't know that a mother loves her child and rears him by providing training. In the same way a cat also loves its kittens, trains them and protects them from severe weathers. Hen, too, takes care of its chickens, protects them and train them in every possible way.

Passion of motherhood, whether the mother is a lioness, a goat, a hen, or a pigeon is common in all species. Any individual can alter or bring a change in instinct according to his will and can control it but no individual of any species can change nature. Birth is a natural process, after birth feelings of hunger and thirst are also natural. Thus any body, living in any region of the globe, cannot live without taking food or remain asleep or awake for the whole of his life. Every body or every member of every species is constrained to sleep or awake intermittently just as he is constrained to take food or to drink water.

In view of this explanation, it becomes clear that every individual of the universe has an affinity with one another with respect to instinct and nature and is bound in common ties and bonds of nature and instinct. A deep study of instinct and nature enables us to acquire a new consciousness. The consciousness which is particular for men and jinns only. When this consciousness of thinking and contemplation is activated in man he becomes conscious of the fact that this powerful man is a helpless creature too. And this helplessness is a proof of the fact that our whole life is controlled by such a Supreme Being Whose Control and Authority is prevalent over the whole universe. Various names have been given to This Deity by different religions. Islam Introduces this Deity as God, Christianity calls this Supreme and Sublime Being as God. Hinduism names it as Baghwan. Some call It Yazdan, according to few It is Elijah or Jehovah. In short every religion has its own way of introducing This Supreme Being.

DETACHMENT

A considered deliberation would enable us to determine many ways and dimensions of thinking and understanding. Skipping over the details we shall mention two aspects. Those who, knowledge wise, have a strong mind, that is, they have such a mind in which there is no room for any doubt or disbelief, - they firmly believe that every thing, big or small, joyful or sorrowful comes from God. It comes to their observation that whatsoever is presently existing in the universe is now happening or have taken place in the past or would ever happen in future is directly related to God, that is, manifestation of every thing corresponds with its existence in the mind of God. Leaving apart the philosophical approach, we shall dwell upon this with the help of few examples.

Every action of life has its own significance. Act of ascribing meanings to this significance, in fact, is the change in thinking approach. We believe that every thing which exists in this world or will ever exist hence forth is already present somewhere i.e. nothing can come into being unless it is not already existing. Man is born because he existed somewhere before his birth. Fall and rise, ups and downs, days, months and years of man's life are already recorded in the form of a film. We can call this film as the Cosmic Film or the 'Preserved Scripturum'.

The Cosmic Film

When man becomes adult, sensible and conscious he requires means and resources to live his life and for acquisition of sources money is an indispensable medium. The thing is that the Creator of the person has allocated, say, one hundred thousand rupees for him as if deposited in a bank in his name. Man strives and struggles to utilize the sources, as man succeeds in his efforts the money is accordingly released to meet the requirements and needs. One thing is but sure, had there not been a record of the allocated resources and funds in the Cosmic Film; the Preserved Scripturum, the displayed film would have remained incomplete. If despite the allocation of millions of rupees, someone remains, unaware of his allocated resources or does not put them to use, then the funds are of no use to him.

One approach in this regard is that despite the reprimands of his conscience man earns his livelihood through unfair means. In both the cases of fair or unfair earnings, one feeds himself anyhow with two loves of bread. This is an established maxim that whatever one has in this world is already allocated to him in the form of a film.

One who is earning by working hard conscientiously and another who is earning without paying any heed to the reprimands of his conscience, in both these cases they are getting the same amount which has already been allocated to them in the Preserved Scripturum. It is therefore very strange and a folly of the highest order that one should spoil and corrupt one's own legitimate and fair earnings by indulging in unfair practices.

Ingenuity and Fate

Once Hazrat Ali was going somewhere on horse back, when the prayer time approached. He dismounted and told a passer-by *budu* to hold the horse so that he could offer prayers. The *Budu* agreed. Hazrat Ali got engrossed in his prayers as usual. The *Budu* felt tempted and couldn't resist taking advantage of the situation and slipped away with the reins of the horse. When Hazrat Ali finished his prayers he found the *budu* missing along with the reins of the horse. By and by, Hazrat Ali's servant; Qambar, happened to pass by. All

gave him two darhams (Arab currency) and told him to buy another set of reins. Qamber, on reaching the market, found the same *budu* trying to sell the same reins. Qamber got hold of the *budu* when he recognized the reins and dragged him back to his master.

"What made you bring him here?" Hazrat Ali demanded.

Qamber replied, "Sir, the reins of your horse are here."

"What price did he ask for it?" Hazrat Ali inquired.

"Two Darhams!" replied Qamber.

"Give him two Darhams", said Hazrat Ali and then added, When I had told him to hold the horse, it was in my mind that I would tip him two Darhams. Now it was ingenuity on his part that he liked to have his luck in another way.

Seven Thieves

Once it occurred to Sheikh (May God be Merciful to him) that it is not strange on the part of God that He is ever obliging. Says Time and again, I feed thee, I drink upon you, I give you the sustenance. Only if we could restrain from eating, no force can compel us to take food. This thought helped him to stop tacking food. When the pressure of the wife and kids stated to develop in this regard he quitted the house and took refuge in an old graveyard. In the evening a man came there to offer benefactions for his vow. After prayers he tried to present some sweetmeat to Sheikh. Firm refusal from Sheikh and persistent offers by that gentleman created a scene and finally he wrapped some sweets in a parcel for the 'poor Sheikh', considering him not in his senses by then and placed the parcel under a bush so that he could have them when he would be in his right senses. After mid-night a few thieves entered the graveyard and set on to split the shares of the looted goods. In order to see what was going on, Sheikh got up. Taking him as an informer of the police the thieves hurriedly gathered the goods and asked him of his whereabouts. Sheikh's reply couldn't satisfy them. During the interrogation, one of the thieves saw the parcel lying under the bush. When the parcel was examined; they found seven pieces of sweets, now it was a sheer chance, that the thieves also happened to be seven. The chief of the thieves said, "This man too is a thief and has got some smart planes for us and wants to play a dirty trick upon us. These sweets have been poisoned to kill us to take away our hard earnings". The Chief decided to over turn the tables and told Shaikh to eat those sweets. Sheikh's refusal did nothing but confirm their inference so deduced. He ordered his companions to make him eat those sweets forcefully. Two held him by the arms, two took charge of his legs, one rode upon the chest and one held his head and thus the sweets were put into his mouth. When Sheikh's determination hindered him from swallowing the sweet morsel they started hitting him with blows and slapped him on the face and thrust the sweets one after another until all was clear. After performing this splendid task all of them fled away leaving the Sheikh to meet his fate. Sheikh after recovering a bit, got up and looked toward heaven in utter dismay when he heard someone saying, O, haughty and proud man, you better go to your house otherwise We will be supplying you food daily in the same manner.

HaIwa* in a Basket

A man abandoned the social life and went to the jungle and remained hungry on the pretext that when he would not eat who would feed him On the third day when hunger

and thirst started to grow out of Control, he suggested to himself that there would be no harm if some water taken and went to the nearby brook. On reaching there he saw a basket floating in the stream. Curiosity made him open the basket. There was a tray in the basket with a lot of *Maiwa* (Dry Fruits) in it. He couldn't resist and had the whole thing voraciously. After enjoying the Halwa (Halwa a thick paste like sweet dish prepared from flour, sugar and fat-oil.) and drinking water to his content, he decided to find out from where the halwa had come, and started trudging up-stream. Finally he reached a habitation; a village. A peasant told him that a basket was put in the water by the chief of the village but he was unaware of the contents of the basket. The haughty man visited the chief's house who told him that one of his brothers was a leper and had infection in almost every part of his body causing puss and blood to ooze, yesterday they had a monk-visitor, who suggested the treatment that halwa be cooked and spread on the body of the diseased person, like poultice, while it was still hot. And early in the morning the halwa was removed and placed in the basket, it was floated down stream, as directed by the monk.

A Document of Lessons

In persons, who have the firmness of knowledge, such a pattern of faith is formed that they associate every movement, every activity, every function and every requisition of their life to God. This is the pattern of thinking of the prophets. It is firmly held in their minds that the favors allocated to them by God will reach them in every case. This faith produces the strength of 'Detachment' (*Istaghna*) in them. It is the statement of Qalander ba'ba Auliya that Detachment cannot be produced without faith and that faith cannot be completed without observation and the one who does not have detachment in him, he is more closely related to the material world (the lower degraded world) rather than to God.

Spiritualism is a document of such lessons in which this has been elucidated that the Detachment is compulsory for inner peace and tranquility. For Detachment the dependency (trust) upon God, the Omnipotent Being is indispensable. For strengthening that dependency, it is essential that there is faith in man and for having faith One has to have the sight which can see the Unseen, otherwise no one can have peace. In the modern world it is an odd situation that every one wishes to have heaps of wealth and at the same time is complaining of scarcity and dearth of peace. Peace is not a temporary thing, it is a certain, permanent state which never perishes. Therefore, how is it possible that the things which are temporary, short lived, perishable and we always see them annihilating before our own eyes, could give us peace. Detachment is such a thinking approach in which one contemplates the real and immortal things after taking his mind off from the material and mortal things. When this thinking makes a person enter into the Unseen, step by step, first of all faith is formed in him. As soon as the rays of faith enlighten the mind, the sight, which observes the Unseen, is activated in him. When it is revealed upon a person, after observation of the Unseen, that the whole universe is reigned by One. Single Being, all his mental trends are focused upon that Being and after this centralization of thoughts, the tree of detachment grows and enlarges in him branch by branch.

National and Individual Life

All the movements and activities of the universe are recorded in the form of a film. The feature, and impressions of the cosmic manifestations, as they exist in the film, are relayed and broadcasted to countless systems of galaxies. Struggle, strives and the capability are the only conditions. If efforts and struggle is not made, an emptiness and a

vacuum is created in life. This is eternally valid for both national and individual cases alike.

It is the Divine Law that if someone strives and struggles and the creatures of God are benefited ensuing the efforts, in one or the other way, the resources propagate and multiply. Countless potentialities are hidden in all the things which have been created by God on this planet, earth. When these hidden potentialities are discovered and motivated incalculable avenues of inventions are flung open. We see that Iron is created by God, when the characteristics and properties of iron are discovered, on individual or national level, iron becomes one of the most useful items for the people. In scientific advancement there will be hardly any thing in which the contribution of iron, in one way or the other, is not there.

Besides the individual life the national life is also inscribed in the Preserved Scripturum. When someone struggles individually, benefits and advantages of individual level are achieved and when one, two, four or ten persons strive together on the national level the whole nation benefits from this struggle. God says, "I do not change the fates of those nations who themselves do not wish so". It is also inscribed in the Preserved Scripturum that the nations who try to change their circumstances, get the means and resources to become dignified and honorable, whereas those who do not wish to change themselves they have to live a degraded and deprived life.

These are the inscriptions of the Preserved Scripturum: If man uses the powers, granted by God, in the right directions, positive results are achieved and if he miss-uses them negative results would be faced. The only thing that God wants is that one should exercise. His gave powers in such a way that it should yield die welfare of the person using the them. The individual welfare has no significance for God because God is the Creator, the Lord of all and his Lordship demands that all creatures must be benefited by the favors, bestowals and resources provided by God. In short, whatsoever is happening in the world is already recorded in the Preserved Scripturum. Besides the account of rise and fall of people, it is also inscribed in the film that if nation live a practical life in the right way exaltation will be their fate and if their practical life is spent in wrong doings, they shall be made slaves to others.

The Prophetic Approach

Whenever the rise and fall comes under discussion, the study of the factors of rise and fall becomes unavoidable. It has been already stated that progress is the result of striving on individual or collective level and decline and fall results when individuals or nations become easy-going and begin to live a luxurious life.

There are two aspects of advancement and progress. One of them is the state of the worldly dignity, worldly splendor and worldly glory of an individual or that of the nation, and the other side of the progress which in fact is the real side, is that an individual or a nation still living in the phenomenal world could reach the unseen world. If both these two sides are taken into consideration, it becomes very clear that scientific advancement of the present age is ostensible and apparent progress only. There is no doubt that the nations who have researched and struggled hard for the invention and discoveries are the advanced and developed nations, in the worldly sense. But we also note that the same nations are the most deprived nations in terms of peace of mind and tranquility of soul of because they are unaware of the Reality, or to say, they still lack in knowledge about the

Real life. People familiar with the Real World always remain calm tranquil. The present era is indeed the era of progress and advancement but at the same time the miseries, worries, unrest and mental depression faced by mankind despite its advancement is also unprecedented. The reason for this is very simple; the personal interests are the basis of this progress, whether it is the progress of an individual or that of a nation. Had this development really been for the welfare of mankind, peace would have been the eventual result of this advancement. Individual or the collective minds are related with the thinking approach. If the thinking approach is that our efforts and inventions should be benefiting mankind and the creatures of God; this would be the prophetic thinking approach and the end is that God. This approach and the way of thinking I technically called the Qalander Conscious, which tells us that if there is Detachment is man he will be guarded and saved from ever new disease miseries and worried.

The simple way to acquire the state of Detachment (*Istaghna*) is that the thinking of man is concurrent with the Elohistic approach of thinking. When we observe the existents of the earth, we find that God has created countless means and resources for His creatures and still none of these resources is directly related with any of the personal needs of God. God is insouciant of every thing. Despite the fact that God is free from all wants and He needs nothings,, He is providing means and sources for His creatures regularly, according to a law and rule. If in a season mangoes are needed, trees bear flowers and mangoes are produced schematically to fulfill the needs of the people. Since man is indigent of sources and means therefore he cannot be indifferent to the resources in such a way which may isolate him every thing and cause a seclusion for him, but he can adopt this thinking approach that the sources generated from his efforts are to be shared by the whole human race and mankind has every right to use them as he does. Acquisition of a particular thinking approach is subject to the mental association with the requisite approach. If you are desirous, for instance, of having friendship with a gentleman you would be doing the same things which he would do. If the association of a gambler is sought, you would obviously gamble with him and if the company of a Saint is desired you'll adopt the activities liked the most by the saint. The Change in thinking approach is proportionate to the adopted habits and activities in this regard.

Attitude of God

God serves His creatures without expecting any reward for Himself. When this thinking approach is adopted optionally by someone that he would serve the creatures of God in every case, Qalander Conscious is granted to him and when this thinking is firmly established it becomes his target for ever and anon that I am only doing that which would be appreciated and liked by God. It comes to his notice, because of reiterated repetition of this habit or action that whatsoever has happened or is happening or will ever happen, is from God and this helps in establishing faith in him. This very Thinking Style is called the Detachment The whole life of prophets is governed by this principle that every thing is from God. The thinking approach of Detachment is well established in prophets and the Friends of God (Auliya). To have this thinking approach established in them when they think about something they would never have a direct affinity with any thing for themselves, they always hid in their minds that God is the sole owner of the universe including themselves. Nothing is related to them directly but every thing, which is related to them, is because of God. Gradually when this thinking approach is well established it becomes a trait of their personality that before attending any affair they think of God prior to having any thought regarding that particular thing. Before paying attention to any

thing they would, almost habitually, have this feeling that this thing has no direct relation with them and they are concerned with it only because of God.

This attitude causes every movement of their mind to be associated with feelings for God. God becomes their addressee, as some one sensually perceived. Gradually the Attributes of God are permanently rooted in their minds and their minds become locum tenens to the Attributes of God. Every movement of the mind of a person, after attaining this state, becomes the movement of the Attributes of God. And no movement of their mind is devoid of Power and Authority. The administrating Auliya are bestowed with the same mind by God and the Auliya acting on the Inspiration and Divine Guidance attempt to acquire this mind through ascetic exercises.

Action and Intention

So far as the good or evil is concerned, no action in this world is good or evil by itself. In fact ascribed meaning to an action is the good or the evil. Ascribing meaning is the Intention. whatsoever is there in the intention of a person before taking an action is the virtue or the evil. Action of the fire is to burn. When it is used in the welfare of people; in cooking food etc. it is a virtuous action. And if the fire is used for destructive purposes; for putting the houses of people on fire, then it is evil.

If the thinking pattern of the nations of whose progress we are impressed or indigent of their help, is carefully studied, it will be clearly seen that the motto of their advancement in scientific progress is the rule of one nation making the whole human race their subject or to collect and gather all the monetary resources from their inventions inflicting poverty and distress upon the other fellow beings. Since this advancement is devoid of the thought of welfare of the whole mankind and is contradictory to the Elohistic approach therefore this progress and advancement has become a source of constant worry and distress for mankind including those who struggled and strived for these very inventions. One day this worry and distress shall inflict calamity on the earth and will turn it into an inferno. Centralization of one's mind is only possible if one believes that the existence and annihilation of things is from God and when this belief is destabilized and disintegrates one is trapped in such ideas and doubts which result in mental tension, confusion, misery, fear and phobia. Whereas it can be easily seen that man's every action, every activity and every movement is controlled by such a Being who cannot be seen by the help of physical eyes. Child's stay in the mother's womb, provision of food for nine months for its nourishment over there, lactation arrangements in the mother's breast prior to child's birth, supply of milk after birth, moderate and balanced growth of the child because of the nourishing effect of the milk, becoming a mature man from the child, urges of the youth, supply of resources for completion of the urges and needs, existence of resources before they could be provided. These sustenance will eventually become extinct if the earth is forbidden to produce grains. After marriage, the wish of the couple for having some one as their name-carrier, intensity of the urge resulting in their parenthood, and surging love in the hearts of the parents for the child. It is worth considering that if love for the child had not been infused in the parents by God the children could not have been brought up, moreover love for the off springs is not particular to man only, this passion is found in every creature of God. And due to this love alone parents bother to nurture and bring up their off springs.

Growth of Seed in the Soil

Normally it is considered that without toiling efforts, resources cannot be acquired but we observe that the resources for which we struggle and strive already exist schematically. When a peasant sows seeds, after tilling the land the growth of the seeds results in provision of various types of foods for the human requirements. This happens only because the sources are already existing. For instance, presence of the earth, availability of seeds, fertility of the soil, presence of water for the growth of the seeds, existence of the sun light, existence of the air, the hot or cold weathers according to the seasons etc. If the seeds are not available or the soil is barren, water is not present, air is not there, then every effort of man would be futile and useless.

By Creations of God

It is the characteristic of God that every creation generates and gives rise to billions of more inventions. For instance, the Electricity, which is a by creation of God, is responsible for thousands of inventions that have come into being and still many more to follow. This situation discloses the secret that God has created the sources so that man should trace out the hidden potentialities of the sources and put them to use. When a nation is set to search these hidden potentialities, God reveals many secret upon them and when they contemplate in the light of the revealed facts more new inventions come into being.

Qalander Conscious guides us that every thing, which is found in the universe is dihedral. One of the two sides of the Creation is the manifestation and the other is the Immanent side. Water is a liquid. This is the external side of it, but when we search for its hidden potentialities we find many of them. Similar is the case of iron which is apparently a metal and when its hidden potentialities are traced out new products and inventions come into being. When we set to look for the Attributes of God in anything, it is observed that whatsoever is there in the universe or is present in the earth have been created for the benefit of man

Correct Definition

Detachment does not only mean that one should become unconcerned and insouciant regarding money, no one can remain unconcerned of money and desires. Accomplishment of basic requirements of life and the desire to look after the near and dear ones is unavoidable and is related with the human rights. Detachment means that whatsoever is done by a man should be done in conformity of the Will of God and it must not be harmful or injurious for the creatures. Every one should remain cheerful and should not be a cause of misery and distress for other fellow beings. This must be firmly incorporated in one's mind that God is the sole owner and proprietor of each and every thing present in this universe. It is God who created the earth, fashioned the seed, granted the ability of becoming a tree to the seed and the soil to nurture the tree in its lap, water to circulate in the tissues of tree like blood, air to provide oxygen, light to supplement the deficiency of the colors in the trees, sun to remain in touch with the trees in order to help ripen the fruits, moonlight to produce sweetness in the fruits. It is the duty of the earth to produce and nurture trees which are required for fulfilling the human needs and the duty of the trees is to produce those leaves and fruits which are most wanted by the creatures, according to the seasons.

Membership of the Universe

God wants that every thing in the universe should remain in motion. Those who in pursuance of this Wish, Decree and Attitude of God struggle, become the members of the

universe. This membership keeps the universe active and kinetic. The question is what man could have done or what advancement was possible had the people been made mentally retarded, insane or mad by God. Don't we see people born ignorant of rise or fail.

We have just stated that those who have an affinity with God and firmly believe that God is encompassing every activity of life are bestowed with prophetic approach of thinking. A person with such an approach, in spiritualism is called Mustaghni (Richly Detached) and he realize that he is linked with such a Being, Who is encompassing his life. Recurrence and repetition of this feeling takes a physical form and he pragmatically observes that he is living within a ring (Sphere) of light in which the whole universe is enveloped. All heavenly books have explained it very elaborately that the basis of the earth and the heavens is the Light, through which every thing of the universe is linked with God. When this ring of light or the halo becomes evident for the Mustaghni, he can study all the formulae which are the formulae of the creation.

Paradise and Hell

Only those will abide in Paradise, who have comprehended the teachings of the holy books as the prophets did. Those will be the residents of Paradise upon whom God has bestowed His Kindness and has adorned them as His Friends. Since God Himself is free and far above any fear, worry or anxiety therefore His Friends, too, like Him are emancipated from the clutches of worries and fears. Those who Could not get into friendship with God, Paradise will not accept them and -would be fuel for Hell. If their is sorrow and fear in someone, then according to the rule stated by God, he is not a friend of God, and one who is not the Friend of God will be denied entrance into paradise.

Dependency and Trust

Normally when Detachment is discussed, it is considered as the magnitude of the trust and dependency, which one has upon God. Trust and dependency plays its role, more or less, in everyone's life. But when we come to its definition and implication, it is observed that this too, like other rituals of our worships is merely a pretty snare of words. Trust and dependency means that one should entrust the charge of all his affairs to God but, practically, in the light of our observations of dally routines of life it appears to be uncertain and impracticable words. Generally people think that if my boss is annoyed I'll be fired or will be degraded or will be barred from promotion. This also is our common observation that when something yields positive results, we boastfully claim it to be the result of our own intellect, wisdom courage and what not. There are numerous examples which are evident that the trust and dependency upon God is merely a hypothetical statement on the part of the people. One who does not have trust and dependency upon God remains devoid of Detachment. In fact, the trust and dependency is a special link between man and God, and one who enjoys this relationship with God is liberated from the greed of the world. Such a person becomes nonchalant and impertinent to the help and assistance of other people. He becomes aware of Gods Attributes that He is the Only, One. He is Insouciant, He is neither procreated nor procreates. He has no family. In the light of these Attributes of God when we examine the creatures we find that creatures can't be one, they have to be in multitudes, needy and indigent of resources for fulfillment of desires and requirements of life. It is also mandatory for the creatures to bear off-springs and to be off-springs themselves and to have families. When these five agencies are taken into consideration of Qalander Conscious it is revealed that out of these five Attributes of God creatures can have a direct relation with God in only one of them. It is

impossible for creatures not to be in plurality, they have to have off-springs, or to be off-springs themselves, they also have to have families i.e. creatures cannot exercise any control in these four Attributes of God, but they can have relation with God in only one of His Attributes, that is, they can associate all their needs and requirements with God alone taking their minds off from all the other resources. One is far away from the deeds of trust and dependency if the factors of demand in him are associated with creatures instead of God. A spiritual associate is made to practice to hand-over all the wants and needs of life to his preceptor; the spiritual guide. And he becomes responsible for all the needs of his disciple just as the parents are responsible for the requirements of an infant, unless and until he is not conscious and capable enough to look after himself, they remain thoughtful and watchful for their baby round the clock. The door of the house should not be left open so that the child should not go out unobserved. If it is colds, why is he not properly dressed he may catch cold. If he hasn't taken food on time they are worried why the child hasn't taken the feed. If he oversleeps they are worried and if he is insomniac, they are fretting. Every one who has got kids of his own or has seen his younger brothers or sisters, knows it pretty well that the parents are the ones who are responsible for all the needs of the child and the responsibility is fulfilled in such a way which has nothing to do with the child's mind. Since the disciple or the pupil is a spiritual child to the preceptor or the teacher (Sheikh or Murad) therefore he becomes responsible for all the worldly, religious and spiritual needs of the disciple. As the association grows stronger the mind of the preceptor is transferred to the disciple accordingly and he subconsciously becomes aware that the person who is taking care of him, he himself is being cared by God. And gradually his mind is liberated and all his needs and requirements become associated with God.

Qalander Conscious School

Before my admission in the Qalander Conscious School, I had two vices. One; I was a business-minded person, whenever I had a chance to meet someone I would readily have one or the other expectation from him for myself. After my submission to Qalander ba'ba Auliya, first of all this approach of mine was corrected. Any expectation from anybody was never accomplished. It happened repeatedly and finally it occurred to me that someone could be helpful only when God Wills so.

Eat the Gold

After this, second program of my training started. I was made to see by the spiritual eyes that there is a big room with many cabinets stocked with gold-bars and I am confined in that room. This state prevailed for forty-eight hours, with this state whenever I had the urge for food a voice echo in my ears, "Eat the Gold!" when I intended to drink water the same voice would be there to tell me, "Quench your thirst with gold and silver". When finally I emerged out of that state, even a ten-rupee note would produce a taste of detestation in me. And it was followed by thousands of incidents which were rationally and logically impossible but they did happen. Many experiences in this regard firmly established this belief that only that happens which God wills. The purpose of telling all this is that spiritualism is not the knowledge based and founded on mere words and phrases but is a practical science based upon observations and experiences.

Automatic Machine

Life, from birth to death, Limbo here after, the Day of Reckoning and Judgment, Paradise and Hell, and envisioning of the Beatific Vision Of God, all these things are based upon

belief. The basic thing is that one believes that he is alive and existing, he is conscious and his mind is functioning properly, he is independent to some extent in certain affairs and mostly remains under the influence of involuntary states, for instance, if someone starts breathing voluntarily and willfully, he will be out of breath within minutes. In our life routines when one feels hungry he takes something to satisfy his appetite, when he feels thirsty he quenches his thirst by drinking some water. Similar is the case of the machine built in the human body which functions regularly, non-stop and continuously. The parts of this machine; the brain, heart, lungs, kidneys, liver, stomach and intestines remain continually active. There is not even a single person, among the five billion population of this planet who could operate this machine willfully and voluntarily. This inbuilt machine is working involuntarily. The fuel used in this machine is also not in the control of man and this is further consolidated by the fact that when this machine ceases to function no power of the world, no advanced knowledge or Sciences and technologies can restore it to work. Usually this machine under a natural system stops gradually and sometimes it stops suddenly and instantly. Gradual close down is termed as illness and its sudden break down is called 'Heart Failure'. Man considers that the cure of illness and disease is optional but we don't find even a single person who would like to fall ill or wants to die. Had the living been an optional thing no one would have ever expired. Similarly the fundamental factors of life and all the movements on which smooth functions of life depends are not optional. If we consider the basis of life, it commences with the birth, which by no means is in the control of the born History of mankind is evident that not even a single soul has ever been born according to his own choice or will. Every person and every thing that is born come into this world for an appointed time and on expiry of that time no one over stays even for a fraction of a second. This is such an established fact, which is noticed by every one, at every moment at every where. In short, God creates as He wills and creates in various forms, with different status. No such precedence is available that a dwarf had ever grown into a seven feet tall man or seven feet tall mall had ever shrunk to two and a half feet.

Man, Tune and Toy

When we compare people in terms of intellect and mental capabilities some are found to be more capable than others, some are less capable and some are found to be totally devoid of this marvelous faculty. Science might be claiming its ability to walk in space but no evidence is available on record that an idiot cloud have been made wise. God grants intellect and understanding as much as He wills. Ability to ponder and contemplate is also bestowed by Him but the tragedy is that those who have been granted these abilities consider them to be their own merit and virtue and when it is taken away from them they can't do anything about it.

All the component of life are in control of a Power. The Power derives and stop them as and when it wishes so. According to Qalander ba'ba Auliya, founder of the Qalander Conscious, "It is foolish on the part of the people to say that they have control over circumstances and man can change the situations according to his will and wish. It is not so. Man is a toy. He acts and plays according to the stimuli of the circumstances. If man in fact had control over the circumstances and situations nobody would have been poor, sick and nobody would have ever liked to grow old, and nobody would have ever liked to die".

History tells us that those who proclaimed themselves to be gods were strangled by the merciless clutches of death. The examples of Shaddad, Nimrud and Pharaoh cannot be ignored on the pretext of mere stories. History repeats itself in every era only names of the characters are changed. The example of King of Iran, in the present age, can easily be cited in this regard, who celebrated the twenty fifth centenary of his dynasty, was forced to face a death of humiliation in a state of helplessness and exile in a strange land and nobody was there to console him in that misery and distress. Had man any control over the circumstances a king like him would have never died in such a miserable situation. Numerous incidents of this type take place daily but we do not bother to pay any attention to them and pass by overlooking and calling them 'a Chance', whereas there is no room for any chance or accident in this universe which is run under a set of cohesive and coordinating system by God.

When it becomes a belief of a person that every thing small or big is existing according to a system formulated by God, a pattern of faith and certitude forms in him. Under stimuli of various events of life it is found by him that all these events are chained and linked strongly and concordantly and he is forced to consider and acknowledge that the Only Supreme Sovereign of the universe is God.

A Note is Dropped from the Sky

It is a well-known fact that a firm belief in something is only possible when that thing about which we have no idea that how it will be accomplished, actually happens without any resources, control or will. Once I was rewriting the pages of the Book; Loh-o-Qalam (The Pen and the Scripturum) by Qalander ba'ba Auliya. It was late in the afternoon. Few guests arrived from Lahore. Since after a short while it would be dinner time. I thought of entertaining the guests by serving them something for dinner. Now, those were the days when I was in a State of Bewilderment and not only there wasn't any arrangement of food but even my dress had shrunk to a vast and lungi only. It is yet another story that how could I live through the seasons of winter, summer and rains. When God grants the strength and ability one can live through austerity and hardships easily. First I had the notion of borrowing money from my neighbors but the thought of embarrassment resulting from a possible refusal by him didn't allow me to do so. Then I had the idea of availing the credit facility of the nearby hotel but couldn't make myself to agree with this idea, too, and I kept quiet that if it is the will of God some sort of an arrangement will be made for the food. When I stepped out of the room a five-rupee note fell from the roof, it was a brand new note and I heard it falling. I got scared. A voice echoed in my mind that it is from God. I picked up the note and a sufficient meal was arranged comfortably.

Sixty Rupees

After sighting of Eid Moon, I was worried about the traditional token money of "Eidee" for the kids and I went to see a friend in order to borrow some money from him for the occasion. My friend told me that though he had some money but it was kept with him as a trust by some one. I didn't like to insist and started back. When I was passing through the bazaar an old friend of mine met me very cordially and offered some money. When I tried to refuse he told me that money which he was offering was to clear an old debt and he shoved sixty rupees in my pocket which sufficed for all the needs and requirements of that Eid. The thought provoking thing in this event is that I had visited my friend with an intention of asking for thirty rupees which were not enough for my requirements and God

arranged the money which was actually needed. There had been many incidents out of which only two have been stated.

Chicken Rice in the Village

An interesting event regarding 'Detachment' has been stated by Ghous All Shah Panipatti in his book; "Tazkara-e-Ghousia". He narrates:- "I was an Imam of a village mosque. A *dervaiish* came there and stayed for the night. After the evening prayer I invited him to the meal. He inquired what there was for the meal. He didn't show any interest when he heard about the Dal Roti (a kind of meal) ; Pulses and loaves of bread. When I insisted he said, It is my covenant with God that I only eat if He provides me with chicken Pullao". I, considering him a psycho-case, saved some food for him and retired to my room. Those were the days of the rainy season, sky was clouded, after a short while it started raining torrentially. In the heavy showers, I heard someone knocking at the door. When I opened the door, I found a man, covering himself in a jute bag with a tray in his hand. He said, handing over the tray to me, "We had vowed. Here is the Chicken Rice for you and the plate will be collected in the morning". I brought the Chicken Rice to the dervaiish who enjoyed it heartily.

Can Have Fish?

Once around 11.30 p.m. Qalander ba'ba Auliya asked me, can we have fish? I submitted, "Sir, it is half past eleven in the night but I will try if I could find it in some hotel". He commented, "I won't eat the fish prepared at hotels". Now I got confused because at that hour of the night from where the raw fish could be arranged? In those days Nazimabad wasn't this populated. Anyhow, I decided to go out for it but when I started to leave Qalander ba'ba said, "Leave it, don't bother, we shall see to it in the morning'. Hardly after an hour someone knocked at the door. I found, when I came out, a man with a fish in his hand. "I am coming from Thatta and beg to present this fish to Qalander ba'ba Auliya", he said, and with this he took leave.

Ration of Birds

This faith and belief was established firmly consequence of numerous events that God is the Only Care Taker of our needs. He has promised that He is the One who provides sustenance and He supplies the sustenance in every case. And the workers of God who are associated with the Administration, called Vicegerents on the earth by God are appointed to provide the means of livelihood for the creatures. We are born as and when God Wills, we stay alive till He Wills, no one can over stay that appointed time but it is very odd that man thinks that living and earning of his livelihood is in his own control.

When the harvest is reaped by the peasant every grain is collected and gathered by him. Even the spoilt grains are collected and cast before the pets. If the place where the wheat is thrashed is examined, hardly few grains will be found but we find that billions of birds peck their feed. It is a marveling fact. When no special crop is cultivated for the birds and the farmers also don't leave any grain for them then from where do these birds feed themselves? It is the law, when birds descend with the intention to peck their feed; the feed is provided by nature before they could touch the ground. Had there been any control of the farmers over the feed of the birds all would have died of hunger.

Trees and Grass

The quadrupeds are, anyhow, greater than human beings in numbers on the earth. Apparently they feed themselves on the grass and the quantity of grass and leaves of trees

consumed by them is so large that there shouldn't be any grass or trees left over on the earth, but nature produces grass and trees in such a huge quantity and abundance that there never happens to be any shortage of vegetation. Man has no control over the growth and production of the vegetation. Nature produces it at her own sweet wills, nurtures the greenery as she wills. Basic needs and requirements of life are distributed by God without associating them with any toiling. The air, water, sun and moonlight are most vital basic needs and if man, as claimed by him, is self sufficient in his needs then which power does he possess or what knowledge does he have which would enable him to achieve the sunlight. If the under-ground water reservoirs dried up through which knowledge or power can man restore the water channels on the earth. The same is the case of the air. If the system producing the air and maintaining its motion is suspended then billions of creatures would be destroyed in a micro second.

The Labor Family

Qalandar Ghouse Ali Shah has stated an event regarding the provisioning of sustenance and distribution of means and sources by God. Once a city fell into such an intense market slump that markets virtually became barren and deserted. People started transmigrating from there. This situation effected the laborers the most They were distressed and in great misery. People were unable to find any solution to improve this situation. One day two merchants came there and started buying, so much so, their list of purchases extended to almost every available commodity. Resulting the purchases every body in the town became active. The merchants declared the long list of items intended to be purchased by them and also announced that their stay would not be more than a week or two. This created a scene of hustle and bustle in the market. Merchants of that city were hectically trying to arrange the various commodities from other cities to meet the demands. People were happy and grew prosper, those who had migrated, returned and those who had the intentions to migrate reviewed their decisions. After purchases the two merchants ordered the loading of the goods on board which provided a chance for the laborers to set to work and they also became wealthy. Anxiety, unrest, hunger and poverty vanished from the city and the abandoned city once again came to life. An old man, who was working for the merchants, when he was relieved off his duties at the time of the departure of the ship, requested the Merchants that since he is alone and would be glad if allowed to remain in service and to accompany them. Merchants agreed and the ship set sail. When they reached the deep waters the merchants told the old man that they were angels and since the settlement was facing destruction eventually resulting form the market slump therefore God had ordered them to save that habitation so that the supply of sustenance should remain continued for the people. With this, both the angles disappeared.

CREATION OF ADAM AND EVE

Study of sacred books and deliberation upon the teachings thereon reveal that Adam was created from one single soul. Basis of this creation is the Self, Spirit or the Single Point. When, under normal circumstances, creation is discussed it is considered that there is an Adam for every species or every species has originated from its Adam and Eve. This is the basic set up for every species, that is, Once Adam and Eve were created into being and foundations of the generation of that species were laid. Each and every Species of bull, goat, sheep, cat, dog and birds etc., emerged from its respective 'Adam and Eve'. Just as the human beings are off springs of Adam and Eve, similarly the Father Parrot gave rise to the parrots generation of goats started from the Father-goat and pigeons generated from the Father-pigeon but all this is about the physical creation of the creatures. Everybody born is composed of a mortal and temporary body of flesh and bones which remains delicate and tender in their initial stages, then it enjoys the prime of its youth and then the whole physical system comes to an end when the limbs and muscles are dried out. These are the various states between life and death. We are perpetually given the knowledge that the being, upon which this short-lived physical system is built, is permanent and constant. The physical building remains active, attractive and pretty till the permanent being supports the physical body but when this unseen and invisible being detaches itself from the temporary being, nothing is left behind. This invisible and unseen being is termed as the Soul, Spirit, Self or the Single Point by the avatars and prophets. When through the Qalandaric approach affinity of the Qalander Conscious is acquired by the voyager of spiritualism, the inner sight tells him that this soul, spirit or the self is an attribute and an integral part of the Creator and this attribute of the Beatific Vision is associated with this soul, spirit or the self with Power and Mercy.

The System of the Waves

Every thing existing in the universe is based upon the network of the waves. These waves are established upon the Light (Noor). The earth and the heavens, according to the saying of God, are the Light of God. One form of the creation is made of Light and the other is the light, self, Soul or the spirit itself. According to the human conscious. Many methods have been formulated by the Friends of God to search this Light full virtue in the waves or the creation. And for the benefit and convenience of the beginner Spiritual Associates, this one single point has been divided into six parts, named as six subtleties.

The first subtlety that has been named as The Latent Subtlety (Latifa-Akhfa), is the Unit Point in every man and the same is the abode of God, upon which the Beatific Visions of God directly make their descent Entry into this point enables man to enter into the prevailing system of the universe and he could comprehend the meanings of the saying of God that whatsoever is there in the earth and heavens have been subjugated for you, you are the ruler upon them i.e., the sun, the moon and the stars have been given under your command. Normally 'given to command' is indicative of the duties assigned to all these heavenly bodies for the service of mankind. This subjugation according to the Qalander Conscious, is not the subjugation

A law has been constituted by God and the same is being followed and acted upon. Every thing is busily serving man. To be a ruler or having command over anything means that, that thing could be influenced and controlled whereas the present situation is contrary to it and mankind is living under the control and influence of the sun and the moon. Had the sun or the moon withdrawn their services, existence of the earth would have been endangered. We are indigent of the sunlight, we are needy of the moonlight for the sweetness of our fruits and we have no influence or control over the sun or the moon.

The World or Colors

When we think about the novel creations appearing on the earth, we find that apparently the process of creation appears to be the same. That is, when we deliberate about the germination process of a tree, we find that endless birth-cycle of all the trees of the earth is based upon the same one procedure. Generally, irrespective of the size, shape or type of the tree, the cycle of the germination is that a seed is sown in the soil where it is nourished and after its germination and passing through the phase of the sapling it becomes the tree. But eeriest thing is that despite the fact the germination process is one and the same, every tree has its own individuality, which in no way is an incomplete individuality. Now, for instance, let us consider the trees of the mango and the almond, both are trees, with almost the same size and both grow through the same germination process but yet both bear different fruits. Similarly, when we turn towards the flowers, every plant of each flower is found to be of individual nature with altogether a different set of leaves and branches and flowers. We marvel to note that different types of flowers have different types of fragrances, which are produced in the glands of the flowers from which an oily substance evaporates and makes the atmosphere fragrant and sweet-smelling. If the flower is colorful then the flowers of different types of trees have different colors, some are so brilliantly red that one finds it difficult to avert his eyes from it. If some are white then others are violet. Countless colors and the shades of colors are displayed in this way. These are the splendors of God that though the earth is same, air is same, water is same and even the process of germination is same but still every thing is different from one another.

Another thing, worthy of considered notice, is that one or the other color predominant every created thing. There does not exist anything, which is colorless. This colorfulness and the colorlessness is the main discriminating line or the veil between the Creator and the creatures. The thing which distinguishes the Creator from its creatures is the color. When the knowledge of the creative abilities is granted by the grace of God to some one, it is revealed upon him that when some colorless thought becomes colored a creation comes into being. God being the Creator is the Ultra-non chromatic (Far above the colorlessness).

When God intended to create the universe, He Willed for what He had in His Mind and Commanded it to Be and there it was. That is, the thought of God descended from the state of Ultra-Non chromatic and adopted a state of color, for the sake of understanding, in spiritualism it has been named as the Non-chromatic i.e., the color which cannot be explained and described. Then a movement occurred in that Non-chromatic state and a colored object (being) came into being which was embodied into various forms and different colors with various abilities.

The basic element or the basic material used in the creation and the formation of the universe, is the color. Color combinations are the creative formulae of the creations. Various and different creations are made to come into being according to the combinations of the colors in various proportions. Man, the best of the creations, declared vicegerent of God, in his creative capacity is also composed of colors. To understand this creation, spiritualism has appointed six rings and each ring is made and composed of a separate color. When these rings are filled with the lights, in spiritualism it is called the 'toning' of the Subtleties

Six Bulbs

Man is not the name of the body of flesh and bones. There is another body made up of lights over this physical body termed as Nasma (Aura) by Qalander ba'ba Auliya. This aura is made up of six rings or points. These six rings from three Souls.. The names of these six rings are: Latent (Akhfa), Obscure (Khafi), Arcanum (Siri), Spirit (Rooh), Heart (Qalb) and the Self (Nafs). And the names of the three souls are; The Animal soul, the Human Soul and the Great Soul. These six rings, points or the bulbs are termed as Subtleties or the generators. Two subtleties combine together to form one soul

The Subtlety of Self and the Heart together form the Animal Soul.

The Subtleties of Arcane and the Spirit make the Human Soul.

The Latent and the Obscure Subtleties constitute the Great Soul.

The color of the Animal Soul is yellow, green is the color of the Human soul and the color of the Great Soul is Blue. The more predominant is the yellow color the more prevalent will be the worldly senses over man. The purpose of the Meditation (Transcendental Meditation) exercised in spiritualism, is to liberate man from the clutches of the yellow color. The mind is transmuted in the green lights when the hold of the yellow color is released. These green lights give tranquility and calmness and help him in mental concentration. When the mind is focused upon the green lights it is transmuted to the blue lights.

What is Seclusion from the World?

God has fashioned the human brain in such a way that it does not stay on one point. It emerges from the Non-chromatic state and envisions the Ultra-non chromatic. This is the cognition of God. Qalander Conscious tells us that man can willfully adopt a state in which he can remain free from the worldly thoughts. Liberation from the worldly thoughts does not mean that one should quit eating and drinking, refrain from wearing clothes, marriage and living in a house. Liberty from the worldly thoughts mean that he shouldn't be engrossed in and obsessed with worldly affairs. The worldly matters must be attended to like routine matters only. For example, drinking water is a necessity, when one feels, thirsty one drinks water and that's all, one does not allow the thirst to ride on one's nerves the whole day long. Same is the case of sleeping or awakening.

When some one is engrossed in various thoughts in such a way that his' mind is distracted from the routine, he sways away from the Non-chromatic and is engaged in the world of

colors and when someone performs all the activities of the worldly exigencies just like a routine, but still living in the world of colors he travels towards the colorless world.

Once a pupil of Hazrat Junaid Bughdady asked him, "What is the seclusion from the world?"

"Living in the world and not viewing it!", was his reply.

"How is it possible?", the perplexed pupil asked.

Re replied smilingly, "When I was of your age, I had asked the same question from my teacher and in reply he had taken me to the main marketplace of Bughdad, saying, "let us take a walk through the bazaar". As soon as we entered the main gate of the bazaar, I found myself standing in an abandoned and deserted, place where no one was in sight except my teacher and the whirl winds over the sand-dunes. I said in utter bewilderment, "I don't see any market here, sir".

He placed his hand on my head affectionately and said, "Junaid, this is the seclusion from the world that the world shouldn't be seen. Wearing the woolen dress, eating the barley bread and living in the jungles, turning away from the splendid lodges is not the Seclusion from the world. Seclusion from the world is that even the most delicious foods should taste like barley bread to you, the feelings of rough woolen rug-like dress should be there even if the best silken and velvet apparels are dressed in, an abandoned and deserted place should remain in sight even if you are walking through busy marketplaces and lofty palaces, but Junaid ! all these things cannot be learnt and understood by learning from others or through reading and study unless you experience them yourself, come, let's go back. As and when we started for home from that horrible desert, we were once again standing on the main gate of the same busy bazaar".

Time and Space

Qalander Conscious tells us that certain exercises by which the mind could be trained to turn aside from the worldly affairs are a prerequisite for the purpose. When the mind attains concentration by these exercises, that is, the importance of the world is diminished from the mind or to say, the worldly affairs and matters are attended to as mere routines then the spiritual abilities of man begin to awaken in him. When the mind is kept very much engrossed in these aroused abilities the shell of the yellow color prevailing over the conscious begins to crack and consequently the restrictions of Time and Space abolish in such a way that man begins to perform those activities during wakefulness which are normally conducted by him only in the state of dreaming. During Meditation (the Transcendental Meditation), while he is sitting with eyes closed, despite complete realization of his physical existence and his physical seating on earth he walks, flies and sees the far away things and objects negating the Time and Space distances.

Dreaming and Transcendental Meditation

The difference between dreaming and Meditation (Meditation) is that during the former state, the mind or the conscious ignores the body limbs whereas in the later state the conscious does not ignore the body. A Meditator, whose inner eyes (the eyes of the human soul) is functioning, remains aware of his physical states even when he is

emancipated from the grips of Time and Space. Meditation is the first stage of dreaming i.e. it is such a state of dreaming in which one is not sleeping but remains completely awake.

Types of Meditations

The process of viewing the invisible world, in the primary stages, is based upon four ways.

The animal soul is composed of two points; one is the Self and the other is the Heart. As long as the human conscious observes or sees the world in the Self, it is the observation of wakefulness and is restricted by Time and Space. After progressing from this stage when one looks in the Heart rising above from the Animal Soul, the grip of Time and Space begins to break and he can observe both the material and Unseen worlds. When after crossing these two steps one enters the third stage, he looks into the subtlety of the spirit. This is the act of viewing in Meditation (Meditation).

Meditation is of many types. One of them is to sit with eyes closed when a state of trance-fixation is achieved i.e., his thoughts are focused on one point, something appears before his eyes, but he cannot ascribe any meaning to that seen thing. Secondly when some thing appears before his eyes, his conscious and the senses are suspended and when he comes out of this stage, he bears this impression on his mind that he did see something, what it was, how did he envisioned it, it is not retained by his memory. This state, in terms of spiritualism, is known as 'Dreaming in wakefulness' and is denominated as '*Drowse*' (*Ghanood*). The next stage is that something is seen during Meditation with an awareness of the senses. Re receives a sort of shock and it occurs to him that I can existing. With the sense of existence of his own being, the seen thing partially remains afresh in his memory and partially goes into oblivion. This state, in terms of spiritualism, is denominated as '*Reminiscences*' (*Warood*). If something is seen with the senses of wakefulness so that it stays afresh in the memory with full comprehension of its meanings, the sense of existence of the physical being is also preserved and the grip of Time and Space remains also un striped, this is the state which is called Meditation (the Transcendental Meditation or simply the Meditation).

Life is an Information

According to general observations there are two styles or ways of living life. One is that man fulfills all the needs and demands of life with conscious senses and in doing so he struggles and strives physically to meet each and every demand. The demand is not satisfied unless the parts of body and limbs; the hands, arms, feet, ears, eyes, nose etc. do not perform their functions properly. We cannot deny the fact that every movement of the parts of body is controlled by the brain. No movement of the parts of body is possible unless the brain is not motivated. And the motivation of the brain is regulated by the thoughts. Brain does not issue order or suggest anything to the parts unless motivated by some thought. What is Thought?

Thought, in fact, is an information to fulfill a demand. For instance, brain tells us to go to sleep as remaining awake any more would not be appropriate for the body. Then it informs to get up, as the oversleeping would be harmful for the physical efficiency. Then it tells us to have some thing as food because the stocks of calories require replenishment. And so on. The brain issues orders for the fulfillment of all the respective demands of life

and the same are carried out obediently by the body. The orders issued by the brain are strictly in accordance with the information received but the brain has no knowledge about the source and origin of the information. It is only aware that the information is being received. It ascribes meanings to the information received in the light of the requirements of the body and passes it on to the in-built 'machine' of the body. And this machine is duty bound to act upon the directives of the brain. Fact is that demands of life are based upon these information.

Ascribing meanings to the information is also of two types, one; when the senses are under the influence of Time and Space, the other, when the senses are free from the Time and Space restrictions. Just as there is a physical brain in the body to control the parts of physical body, to receive information and to ascribe meanings to them, similarly, there is a spiritual brain which is composed of those components and ingredients that are free from Time and Space restrictions.

Physical brain informs us that for maintaining the energy level of the body, food is required. To fulfill the need, we have to bridge many limitations one after another with a certain regularity and continuation. For instance, for making bread, wheat is to be cultivated, it is nourished and protected, harvested and thrashed, ground into flour, flour is mixed with water only then the bread is baked and served. This is the process of ascribing meanings to the information of the physical brain. Whereas, when the spiritual brain informs us to eat something we are not required to undergo all these stages for arranging the food. As soon as the information to eat something is received in the spiritual brain the information is classified by the Spiritual brain that the bread should be eaten and it is accomplished instantly deleting the whole system of cultivation, harvesting, thrashing, grinding etc. The spiritual brain ordinarily works during the state of dreaming and after practicing certain exercises becomes active even in Meditation (the state of meditation). Just as someone eats the bread without any indigence of means and resources on receipt of information from the spiritual mind similarly, one who is versed with the process of the Meditation, or to say, the spiritual mind becomes active in him, he is released from the grips of Time and Space.

Just as for eating something during wakefulness we have to pass through many phases, for traveling too, we have to undergo many stages. For instance if we have to go to London from Karachi. We shall come out of our residence, shall go to the airport in a cab or rickshaw, board the plane and shall reach London flying in the air. But if the same journey is traveled in the state of Meditation, we shall not be required to come out of our residence, won't need the taxi-cab, nor would board the plane. One travels, during the meditation, at the speed of thoughts. When one, sitting in Karachi intends to visit Delhi, he reaches there in a fraction of a second. Almost every one experiences this state in the dreams. A person sleeping in Karachi dreams that he is sitting in the tomb of Qutab-ud-deen Kaaki (a saint) well aware and conscious of the ambience of Delhi. One of his family members wakes him up by moving his arm and once again he is in Karachi.

Four Classes of Meditation

We have mentioned four types of Meditation. These four types of Meditation are actually the four primary classes or four steps of Transcendental Meditation. After passing these four classes or climbing these four steps when the traveler of the Qalander Conscious gets into the fifth stage, he finds himself in a state of inspiration or the intuitive state. Now it

is no longer necessary for him to adopt the special posture of Meditation and sit with eyes closed. He can and exercise his will to move his astral body from city to city or to cause it to enter the heavens. The intuitive state could prevail upon him any time, any where, in any posture, whether sitting, lying, walking or even during conversations. In this state if the first mind that have been called as the mind of wakefulness and the conscious, is associated with the Qalander Conscious then even in the state of wakefulness man not only observes the other world but also partakes in the affairs of the other world. And the life becomes active for him in the other world as well just like the life of the wakefulness. It is such a state in which the Conscious and the Unconscious both start functioning together simultaneously. But no state of intuitive state is a constant one, the duration as well as the interval increases and decreases, sometimes this state does not happen for months and sometimes it happens twenty four times a day. This, anyhow, is a process of ascribing those meanings to the information which are prevalent in the Conscious and the Unconscious simultaneously.

Life Before Birth

Now this requires considered and careful deliberation that before coming to this world where did the soul exist. Because the use of word 'coming' is indicative of the fact that something is present some where. After settling upon this that something is present and exists somewhere the question regarding its shape and form arises. Determination of its relative place also becomes mandatory when the shape and form are mentioned. Time and Space automatically comes under discussion when determination of place is attempted.

The simple reply to the question, where we were before our birth, is that all the men and animals existed in the Realm of Souls and from there they came to this Phenomenal World, (the Material World). But when we talk of Realm of Souls it requires an explanation what this Realm of Souls is? The knowledge of the Realm of Souls is fathomless knowledge but those who have been granted this knowledge by God know it well and they transfer this knowledge to their pupils.

The Hidden Treasure

When we deliberate upon the creation of the universe in the light of the teachings of the holy books it comes to our knowledge that we are creatures and God is our Creator. When the Creator Willed He fashioned the universe by commanding it to 'Be'. The question is that why the Creator Willed so and that what He willed did already exist or not. If the Will of the Creator existed where did it exist and why did He create the universe? The Creator Himself tells us about it, "I was a Hidden Treasure, I created the creatures with Love, so that I be Recognized".

The Creator also tells us about as and how of the existence of the creatures. "I created the creatures upon my Attributes". This is a well known fact that a 'being' cannot be separated from the attributes. The attributes remain present in the being and the being is recognized and known by its attributes; the qualities and characteristics.

THE PRESERVED SCRIPTURUM

All the holy books, whether it is the scriptures of Abraham, Old and New Testaments of Bible, Bhagvad Gita or the Last Book; the Holy Quran, each and every inspired writing and the book enables us to know that all the exigencies of life, all its activities, functions and movements, every living style, all the stages of life, and its ups and downs were made to be inscribed on a surface by the command 'Be'. It means that the universe and all the versions of its life are present in the form of a record. The place, the surface or the screen upon which the universe is recorded or preserved with all its details is known and called as the "Preserved Scripturum," by the Holy Books.

All that is being manifested on the surface of the earth, in fact, is a display of the film projected from the Preserved Scripturum. Using the scientific terms it could be said that there is a projector with a film in it, when the film is played where ever there is a screen, the pictures of the film are displayed upon the screens. This also tells us that countless earth's, like our own are existing in the universe. The countless planets in the universe also have the human inhabitations and settlements with all the means and sources of life just like the one we have on this earth of ours.

The Beatific Vision of God

There is a film in the projector and the film cannot be displayed upon a screen unless the light of the projector does not feed it. The Light which causes the film of the Preserved Scripturum to be displayed upon a screen is the light of the Beatific Vision of God. The reflection of the Beatific Vision of God falls directly upon the Latent Subtlety and when some one sees the Latent Subtlety present in him, or when he becomes acquainted with his Latent Subtlety, he observes the Beatific Vision of God and it comes to his knowledge that what was the position of the Realm of Existents before 'Kun' (Be) was commanded and what is the status of the universe after the Kun' (Be) is said.

RULE OVER THE UNIVERSE

God says, "I am closer to you than your Jugular vein". The 'Jugular vein' is the Unseen and is present within man. It means that something is there in the inner of the man that could be called the basis of life and if that thing is no longer there the life won't be there any more. When the Spiritual Associate observes his 'Jugular vein', feelings of nearness to God are aroused in him. He recognizes God. Before recognition of God, the recognition of the 'self' is compulsory. The recognition of the self, in fact, is the recognition and the knowledge of the secrets of the universe. And the knowledge of the secrets of the universe is the rule over the universe. The vicegerent of God is that person who is enjoying the rule and command over the universe after having the cognition of his own self. Spiritualism is not the name of recitation of certain Names of God or to live the life in celebrating the praises of God. To make man familiar with his inner self is, the real purpose and objective of Spiritualism.

Four Streams of Light

To describe the six subtleties in the modern language it could be said that there are six generators and the lights flowing in them becomes the Fantasy, the thought, the idea and lastly they are manifested in certain shape and form. For an elaborate and detailed study of this thing it is important that we must find out as to what is the source of the lights which become the fantasy, thoughts, ideas and feelings after entering in these six points, rings or the generators. And from where do these lights come and how do they feed these radiant rings. For the sake of understanding, by pairing these six rings let us make them into three coupled rings and these three rings, with six sides are fed by four streams of light. First stream of light is called 'Tazheer' (Manifestation). Second one is termed as Tashheed (Evident), third one is named as 'Tajreed' (Abstraction) and the fourth stream of light has been given the name of 'Tasveed' (The Black Draught). All these three streams and one waterfall of the lights are ceaselessly feeding the Eternal Program of life before birth, life after birth, the Reckoning and Judgment after death, the Paradise and Hell. And the very lights of these streams become the fantasy, thought, idea, feeling and the manifestation.

It invites our considered attention that the rings or the generators are three and the streams are four. The knowledge regarding the nature of the streams, how the creative formulae of these streams are operating, which of the Attributes of God are associated to which lights and which spiritual knowledge are stocked in these streams, is taught to man by God Himself.

THE VICEGERENCY AND THE DEPUTIZATION

According to the teachings of Qalander Conscious, the supremacy and distinction of man over the other creatures of universe, prostration of angels for him, grant of authority by God to him, and the subjugation of the universe for man is evident upon the fact that God has bestowed that knowledge of His Attributes upon man which has not been granted to any other creature of the universe. It is such a knowledge, if it is studied and acquired properly gives us the awareness of the cardinal position which man is enjoying in the universe. The whole body of this knowledge is related with the system under which the universe is being operated. Man with this knowledge, knows it well; What is the sun? What is the moon? What are these stars? What are the angels, In which form and what shape the jinns have been created and what their habits and attitudes are? How many solar systems are there in one galaxy and how many planets are there in each Solar system. The man who enjoys the knowledge of the trust reposed in man by God comes to know that how the Attributes of God and the Will of God are partaking and influencing the creatures. He also knows how and under which creative formulae the life before death is lived in this phenomenal world, where man was before his birth and what was the state and situation even before that. If the name of that place where man lived prior to his birth is 'the Limbo' then what is the name of the realm which existed before Limbo and if the name of that realm is the Realm of Souls then what is the name, nature and state of the realm before that? What is the structure of the universe in the Realm of the Souls and how did the universe exist before the Realm of the Souls. What was the state and condition of the individuals of the universe before the word 'Be!' was commanded and what kind of senses and perception were granted to the universe and the individuals of the universe with respect to their species, after the Command 'Be' was pronounced. It also is known by him that what are the principles upon which the life after birth is established and will remain established till Doomsday. This also is known by him due to the Elohist Knowledge that Shells of lights are covering a physical body and then how many covers of Light (*Noor*) are there over the body of lights. What is the difference between the Light (*Noor*) and the Beatific Vision. What the Beatific Vision (*Tajalli*) and the Inclination (*Taddalla*) are?

All these sciences are given to him when he becomes acquainted with that knowledge which has been called the Trust by God and is enjoyed only by man. It is the same Trust because of which man is a Deputy and the Vicegerent of God. It means that he enjoys all the powers and authorities of the One Whose deputy and vicegerent he is. God is the Creator and His own authorities are creative. Since the man has been appointed as the Vicegerent of God on the earth, the creative powers of God have been transferred to him. The group of the people upon whom these Powers of Creation have been vested are called the Administrators (*Ah 1-e-Takween*).

Adam and Angels

God taught Adam the Knowledge of the Names, that is, He made him familiar with the reality of His Attributes and then asked the angels, "Tell, if you Know!" Angels admitted that the extent of their knowledge is limited only to what they have been taught. That is, Knowledge wise Adam is superior to angels. There were three entities participating in this conversation which was taking place between God and angels, One is God, second is

the angels and the third one is Adam who is witnessing both God and the Angels. He is also aware of the fact that knowledge given to him by God is not disclosed upon the angels. Not only the angels do not know the Knowledge granted to him but they are confessing their inferiority in this regard. Where this negotiation is taking place? It cannot be any place other than the Unseen World because the angels are the creatures of the Unseen World and God Himself is the Unseen Thus it is proved that Adam enjoys the faculty of seeing the Unseen. He is capable to see, to understand, to hear and to perceive the Unseen.

Since God Himself is Endlessly Boundless therefore the knowledge of His Attributes also knows no bound. It is such an ocean that has no shores, it means the Knowledge granted to Adam is also boundless. Since he has the infinite Knowledge of the Attributes, his superiority over the angels is established and this confirms his superiority over all the species and existent. of the universe. What are the Attributes of God? God is the Creator and all the Attributes of God as the Creator of the universe are the elements of creation and the formulae of the creation and this is the trust which has been reposed man (Adam) out of special Mercy.

Deliberation over the negotiation of Adam and God reveals that there are other creatures beside human beings. One of them are the Angels and the other are the Jinns. We can neither see the Jinns nor the angels because of our ignorance of the Trust reposed in us out of special Mercy by God.

The Telescopic Eye

It is one of our routine observations that functioning of our sight is limited and has a fixed range. If the power of the sight could somehow be increased it could see beyond the ordinary range of sight. When, for instance, the binoculars are used, the waves which are responsible for producing images are brought before our eyes by the lenses of the binoculars and we can even see the distant objects. When someone who is suffering from myopia (shortsightedness) wears spectacles, again starts seeing the distant objects normally. It helps us to conclude that there is such a quality in the glass which enable us to see the distant objects clearly when it is put to use. When we can see the far off objects with the help of a glass, why can't we see the Unseen by using the same Eye which once used to witness the angels and God. It will be inadequate to think that Adam had a set of some special abilities and his offspring are devoid of those abilities.

The Physical Body

Every individual in the lineage of Adam and Eve is a true replica of Adam and Eve. Every individual human being has been granted the same ability of learning the Knowledge of the Names as it was granted to Adam by God. It has been related that the actual person in man is the soul and all the demands of life initiate from the soul. The physical body of flesh and bones is kept alive and active by the soul and when the soul breaks off and detaches itself from the physical body, the body becomes bereft of any movements. This is the same soul, which was granted the vicegerency of God. When Adam committed disobedience regarding the command of God in the Garden a veil fell over the soul and the Trust because of which he was the most cardinal in the universe went into the back ground. This body of flesh and bones is that veil which covered the soul. As long as man remains associated with the Physical body, the spiritual abilities remain hidden and dormant but whenever this fact comes to his knowledge that this

physical body is a veil-a penalty for his disobedience his mind begins to search for the reality and this search leads him to that Trust which is responsible for his supremacy and cardinality over the universe.

For learning any knowledge it is necessary that we should be guided by a teacher and whatsoever we are told by the teacher should be accepted without being reluctant or any hesitation. When some one becomes a student, the teacher tells him to read 'A', The student does not know what this 'A' is, he simply imitates the teacher and says 'A'. And thus following the teacher and imitating him he slowly and gradually learns the subject taught. But if on the every first step the student starts arguing with his teacher what this 'A' and what this 'A' is then he cannot learn the subject Because when the teacher tells the student to read 'A' he tells him so in view of the mental capacity of the student and he is supposed to repeat 'A' after his teacher. No matter how many degrees we possess and how learned we are but for learning the Spiritualism and the Knowledge of the Trust we are just like a child student who has come to school on the first day.

God's Prison

When man starts heading towards the goal of viceregency the anguished grip of sorrows and miseries cracks, he is freed from the worry. Since the Creator of the universe Himself is Unconcerned and Independent of every thing and far above every situation therefore when these Attributes of God start arising in man, he experiences the same effects which are the natural outcome of the Attributes of God. Adam was bestowed upon the favors of God. God kept him in the Garden of Paradise and told him, "O, Adam, live in the Garden with your wife but don't go near that Tree, otherwise you will be amongst those who transgress". Adam couldn't restrain and committed disobedience of God's command. As soon as the disobedience was committed, darkness overtook the light, sorrow replaced the happiness, slavery and imprisonment encased depriving him of his liberty and freedom and Adam was compelled to quit Paradise in utter dismay. Despite the disobedience of Adam and his ingratitude towards the favors of God and the Paradise, God because of His Kindness and Mercy once again very graciously bestowed His Mercy upon Adam and didn't deprive him from the granted treasures of the Knowledge regarding the conquest of the universe and told him.

"Your abode is the Garden, you can come back whenever you wish so, provided you come out of the disobedience. We shall be sending our chosen people who will be reminding you of the sublime treasures owned by you. These servants of Ours will be forming rules of conduct for you so that you may enter into permanent abode conveniently. And the most dreadful life which you are living on the earth contrary to the life of Paradise is a prison for you. If you fail to lift the veil drawn between you and Paradise, in your present life, then Paradise will not be given back to You."

Nature fulfilled its promise and sent down one hundred and twenty four thousand prophets for the guidance of the disobedient, transgressor and the oppressor man and to supplement their system established the tradition of sending the Auliyas with the legacy of prophets, which will continue till the Last Day. Everybody with common sense observes this thing all the time that every moment of life is dying. Death of one moment gives birth to another moment. Night is born when the day dies. Youth is born when the childhood dies, the old age is born when the youthfulness extant and when the old age dies every part of the beautiful body transforms into dust. The main infrastructure of the

body; the bones become dust The brain, upon which the greatness of man depends and makes him arrogant and he oppresses his fellow beings, so much so he does not hesitate in calling himself a god, is also eaten away by the soil and the other people who like himself are composed of dust particles trod on that brain.

THE SPIRITUAL PRIMER

For learning any subject knowledge of its ABC is necessary. No one can learn to read or write unless the ABC Primer is not learnt. For learning Spiritualism the study of a primer is prerequisite just like the other worldly sciences. The difference between the two is that for worldly sciences and knowledge the alphabet of the respective subject is studied and for learning the spiritual sciences thinking approach has to be changed. No primer like the primers of the worldly sciences has yet been published for teaching and learning spiritualism. Although it is such a knowledge which is based upon certain rules and regulations but it cannot be acquired by reading books, cramming them or practicing its writing on the papers time and again. Learning the mother-tongue by a child is a very close example in this regard. No mother ever teaches her child the alphabet of the mother tongue in order to teach him the mother-tongue but still the child speaks the same language which is spoken by his mother. The thinking approach of the parents is transferred to the child automatically. A lamb, for instance, graze grass, a cub doesn't graze grass but eats the meat, pigeon-chick neither eats the grass nor takes the meat but pecks the grains. Man's child cats and consumes the meat, the roots, the wood, the stone and even the soil, because all these are part of his parents' diet and food. Had all this been a part of the lion's food the cub would have also eaten the same. Habits of eating and drinking, hunting and other activities of life are transferred to the child from his parents, that is, he doesn't learn them through primers or books. It is also worth noticing that every creature has its own particular language to communicate its feelings and emotions. When it is feared by a hen that a falcon would prey upon its chicks it emits a particular sound and all the chicks assemble under her feathers. In short, every species knows its own language. Besides the conversational language there exists another way of communication as well, -the Sign-Language.

Every one is well acquainted with it. When a father wants his child to do something he gives him a particular look which clearly tells his child what his father wants. The way a child cries tells his mother why he is crying, whether he is hungry or in pain. There can be other examples too, for instance, you are having a good time with your friends and such a conversation is going on which, according to you, is improper for a child to hear and if your child comes in, you look toward the child with the thought in your mind that he shouldn't have come over there. Despite the absence of a forbidding notion the child understands that he is not wanted there and he retreats, not to intrude again.

Sometimes some one dear to you living far away faces some sort of difficulty and you start worrying about him regarding his difficulties and later on all the worries and the difficulties faced by him are proved to be real. Sometimes it occurs to you that you haven't met a particular friend of yours for a long time. When you come out of your residence you meet him, as if, by chance. Sometimes, all of a sudden, you start imagining about an accident and it causes such a tremendous tension upon your nerves that you feel exhausted. This also happens that without any ostensible reason you start feeling pleasant and happy. You cannot figure out a reason for the cheerfulness but still it persists and cannot be ignored.

The Soul and the Computer

The only conclusion one can draw from all these things is that there is an inbuilt computer, installed in man which is directing him for the various situations of his life. Sometimes the nature of the instructions pleases him and sometimes makes him pensive,

sometimes he receives instructions to have food and sometimes he is directed to drink water. Sometimes the computer directs him to go to sleep in order to give rest to the body then it informs him to get up so that the oversleeping should not make him lazy and cause lethargy and he gets up on receiving this directive.

Man or any living being cannot do any thing unless some information by the inbuilt computer is not furnished to him and this data informing machine is installed in every thing irrespective and regardless of the type of the species of the plants, animals or minerals. This machine supplies only that information which is required. This computer is the soul. All the living and the non-living things have the same computer but only man has been granted the knowledge of this computer. It is the same knowledge, which has been mentioned in the story of the Angels and Adam. God said, "I am to appoint my Vicegerent on the earth". The angels said, "Will Thou place therein one who will make mischief and shed blood, whilst we do celebrate Thy praises and glorify Thy Holy Name". God said, "I know what you know not!" and to further clarify Adam was taught the Knowledge of the Names and was told to express that Knowledge. And then the angels were asked, "Tell me about this Knowledge if you are in the right". The angel submitted humbly, "Glory to Thee, of Knowledge we know none, save what you have taught us".

The 'children of Adam being the descendents of Adam experience the same set of observations which were experienced by their father; Adam' if any one, who cannot observe what Adam did, i.e., the dialogue which took place between the angels and God, the prostration of angels for Adam as commanded by God, then he has no right to be called the child of Adam and he is not supposed to enjoy the status of that' Adam who was declared the deputy and the Vicegerent of God.

In short, if man is not aware of the granted vicegerency of God on the day of his creation and he does not observe these events in this worldly life then he is not the revered child of Adam. On the basis of mere physical resemblance with his father; Adam he cannot be regarded more than a disobedient child of Adam. Because if some one does not know the Knowledge of the Names of God he cannot be the vicegerent of God. Man has supremacy over the other creatures only because he possesses the Knowledge of the Names of God.

SCIENCE AND THE SUPERNATURAL

It has been proved by the scientific researches that by practicing certain exercises and personal efforts, man can arouse the supernatural abilities. Keeping in view the advancement in the fields of telepathy and hypnotism by the European countries and particularly by the former USSR; if the worshipping rituals and ascetic exercises are considered to be the only means of acquiring the Metaphysical Sciences, it amounts to belittling the subject because the nations which have altogether no faith and belief in religions have excelled considerably in their achievements regarding the Metaphysical Sciences

One thing which is frequently mentioned in Spiritualism is the Conducting Influence, that is, the teacher; Sheikh, preceptor or the, 'Guru' inducts certain spiritual changes by focusing his attention in his pupil, disciple or the spiritual son. Today a scientist can also do the same. He can also influence the desired people telepathically and can force them to do a particular job, which he intends them to do. A term commonly used in Spiritualism is 'To See in the Inner' that is, to observe the outer space of this planet through the Inner Eye. This also has been done by the scientists successfully and they have their claim of walking in space to their credit.

Man possesses certain abilities which if activated enables him to disclose those information which are not found in the books. Science has established its advancement in this regard as well and knowledge which were initially hard to believe and beyond the comprehension of the human intellect have been discovered and as a result those things have come into existence which has forced man to believe them. In such circumstances the terms of Spiritualism, like Attention, Influence, Opening of the Inner Eye, emancipation from Time and Space have become a perplexing puzzle. Till date it is believed that the paranormal abilities of foresightedness and clairvoyance etc. can only be activated through the recitation of certain verses and repetition of certain words. It has become very important to understand, in the present era of science, that if the people who do not have faith in any religion, can Conduct the Influence, can activate their Inner Eye to function, can lay the foundations of ever new sciences, can walk in Space, then what is this Spiritualism?

Religion is bound to come under discussion when we talk of Spiritualism. The principle on which the religions have been founded is that performance of the religions duties should enable man to bring a change in his own life or to enable him to Conduct Influence in the lives of other, the things hidden within the earth or in the outer sphere of the earth may appear before his Inner Eye. But when we study the lives of the followers of the religions we hardly find a single person, in the multitude of millions and billions of religious people who can exercise the power of Conductive Influence and his Inner Sight is operative. It is quite astonishing that the religious people are ignorant of the knowledge, which have been discovered by the people who have no faith in religions. Naturally, in such circumstances every serious minded person would be constrained to think, (What is this religion?)

Law

There are countless species in the universe. Each and every species and every individual of every species in their individual capacity is in constant and continuous contact with

one another through the waves of thought, and the Same link is the cause of introduction and intimacy between them. These waves of thoughts, in fact, are the individual and collective information which are responsible for bringing the individuals of the universe close to life every moment and every second. In fact our whole life is associated with the thoughts and the effectiveness of the thoughts depends upon the certitude and dubiety, belief and disbelief. This is the main point upon which the edifice of religion is founded.

Man passes through the various stages of life in small intervals of time and utilizes the fractions of time to live his life by combining and connecting these fractions' together in his mind. We either advance from one fraction of time towards the next consecutive fraction or revert back to the previous one. In order to understand this, man thinks of taking food but due to an upset stomach the intention is relinquished, how long will he abstain from it? He has no idea in this regard. Likewise thoughts are the ingredients of his life which either makes him successful or unsuccessful. An intention is formed, then is relinquished or is postponed whether within minutes of its formation or in hours, in months or in years, anyhow it is ultimately abandoned. This abandonment or the relinquishment is the chief constituent of man's life.

There are many things like hardships, difficulties, worries, diseases, anxiety, depression etc. etc. and to equalize all these there is one thing called 'peace', in which man seeks all types of eases and comforts. Most of them are not real but hypothetical and for man they appear to be the easy ones. This creates the trend of inclination towards the easygoing. Actually, formation of the human brain is such that it makes him go for facilities and to avoid the difficulties. These are evidently, two directions and man spends his life between these two directions through his thoughts. Every activity is motivated in one of these two directions. When we decide a plan, we were organizing it. It was perfect and complete in all its aspects and its direction was also correct but it happens that after taking only a few steps, a change takes place in our mind, with the change the direction of our thoughts also undergoes a change resulting in a net change in the direction of our activity. And the target towards which we were heading goes into oblivion. What is left with us? Groping and taking steps grippingly, This is why only one out of millions of people takes a step which is in the right direction and is not withdrawn. It may please be kept in mind that all this is about the in-between states of doubts and beliefs. So far as the majority is concerned, the main force that controls' their minds is that whim and doubt, which is ceaselessly effecting the cells of their minds. The more the intensity of doubts, the more will be the deterioration of the brain cells. It will not be out of place to mention that all the nerves of the body work under the brain cells and the activities of the nerves are the life.

Believing something is equally difficult for man as coming out of the illusions, dubiety and disbelief, For example, man presents himself contrary to what he actually is. He always hides his weaknesses and boasts about those hypothetical virtues which actually are not possessed by him.

Society and our Belief

The society in which a person is educated and reared up becomes his belief and his mind fails to analyze this belief and thus the belief become his faith although it is not more than a deceptive illusion. The main cause for this, as already stated, is that he poses himself contrary to what he actually is. This type of life causes him to face many difficulties, the difficulties which he cannot resolve. It causes, at every step, fear in him

that his action would prove to be futile and would yield no result. Sometimes this doubt becomes so intense that he begins to believe that his life is facing destruction and if not destroying it is in great danger. All this happens because of the rapid deterioration of brain cells, the eventual out come of dubiety.

When life is lived contrary to that which actually it or is posed differently than what one is in fact then actions and deeds based upon this sort of life do not yield positive results. When he wants to achieve the desired results from such deeds, accelerated alterations and deterioration of brain cells changes the tracks of his practical life and either it does not yield any result or proves to be harmful or produces such a doubt which hinders and obstructs him from taking any step at all. The mental structure or the construction of the mind in fact, is in man's own control. Here 'structure' means that the rate of deterioration of the brain cells is accelerated, balanced and moderate or the minimum. It is sheer luck if some one is saved from doubt, which is because of the minimum and the least deterioration of the brain cells. The scarcity of doubt and dearth of uncertainty in the mind is directly proportional to the successes of life whereas the intensity of doubts and uncertainty has its direct proportionality with the failures of life.

Deterioration of the Brain Cells

It is unfortunate on man's part that he evaluates the Knowledge granted to him by God, on the basis of self-made and false principles and refuses to acknowledge them as such. Light has been declared by God as the basis of each and every Knowledge. Man was required to explore the maximum types and kinds of lights and their functions but he never paid proper attention to this and this thing always remained in obscurity. Man didn't try to lift this veil because either such a veil never existed for him or he never paid any attention to it. He never attempted to explore rules and principles governing the composition of lights. If this approach had been adopted by him the deterioration of the brain cells would not have been the minimum and he would have advanced towards the belief and the doubts would not have bothered him as much as they are troubling him now. The hindrances and obstructions in his practical activities would have also been minimum but it didn't happen so, he didn't explore the types of lights nor did he try to discover the nature of the lights.

He even doesn't know that lights also have their specific structural formations, natures and they even have the trends and tendencies of particular characteristics. He also doesn't know that the very lights are his life and they protect him as well. He is only familiar with the effigy of the clay and dust which doesn't possess any life of its own. The effigy made from the rotten clay by God has no reality of its own. The reality is that which has been breathed in him by God in the form of the Soul. Ignorance from the actions of the lights causes aversion from the saying of God in this regard. The more the aversion the more increased will be the doubts and whims and faith and belief would also be shattered accordingly. The spiritualists define faith as a belief in which there is no doubt. Actual cause of weakness in determination or that of faith is this doubt As long as reluctance and hesitation in thoughts is there firmness of the faith is not possible. A thought after acquiring the lights of faith and firm belief becomes a manifestation or the phenomenon.

The Religion

Religion causes us to enter into that pattern of faith and belief where no doubt or whim exists and man observes the Unseen World and the angels actively participating in the affairs of the Unseen World through his Inner Eye. Observations of the Unseen World establishes such a relationship of man with his Lord which enables him to see that the Attributes of the Creator are encompassing him. If the Inner Sight of a person is not functional, then according to Spiritualism, he has yet to enter the circle of faith. When someone enters into the circle of faith the evilness and the destructiveness take their leave from his thoughts and faith; if the Unseen World is not revealed upon a person he will always remain suppressed by evilness and destructiveness. This is the reason that despite all the comforts and facilities at his disposal, the endless new inventions and discoveries, everybody is suffering from anxiety, worries, restlessness and feelings of insecurity. Since science believes in matter and the matter is only fiction and unstable therefore all the means and resources of comforts and luxuries, every invention and all the progress and advancement of science is also temporary and perishable. How can something based upon deterioration and perish ability provide real pleasure. The basic and fundamental difference between Religion and Infidelity is that the latter causes whims, doubts and uncertainty whereas religion associates all the feelings, thoughts, concepts, deeds and activities of life with the only One, Endogenous and Permanent Being.

The Scientific Doctrine

The material doctrine, preached and advocated by the scientists is that nothing could be acknowledged unless it has not been practically demonstrated. They, despite all the knowledge, which is possessed by them, forget that by limiting themselves in a material shell they are negating their own theory. It is also said by them that anything which is unseen by the sight has no reality whereas the basis of all their progress and advancement are the invisible waves of light

The founder of the Qalander Conscious, pro claimer of the Reality, **Hassan Ukhra Mohammed Azeem Burkhiya, Qalander ba'ba Auliya** states.

"In all the sciences concerning the spiritual values considered so far, the universe which is a significant manifestation is of secondary importance. First the Hidden and the Unseen are considered and their understanding is attempted with a preference. If the Hidden and the Unseen are easily understood then gradually it becomes clear as to how these manifestations and phenomena come into being and what rules and laws are responsible to create and regulate them. All these things are ostensibly felt just like the many experiences which prior to maturity have a certain correlation and harmony in them. All those things which are related to the Unseen have been mentioned under various names in the Holy Quran by God and the prophets by mentioning those names, elucidated their characteristics, virtues and merits for the people. The Books and Scriptures before the Holy Quran also throw light on those things but only casual references are found there, more elaborate details in this regard are found in the Holy Quran only. When the details given by the Holy Quran are considered and deliberated upon, it would be concluded that the Unseen is more important than the manifestations and the phenomena. Comprehension and understanding of the Unseen is very important. That which is called religion is also based upon the Unseen. The manifestations are mentioned in the religions but they are always given secondary importance. No matter how much preference is ascribed to them by the material world it never had a primary significance in any era of

any religion. Now the material world has also gradually begun to think in the same terms. For instance, the scientists of the present age have been forced to prefer the Unseen. First they suppose something and then they Strive to draw the conclusions and results. When they are concluding something they consider all their suppositions as real, indispensable and certain. For instance, the characteristics and behavior of the electron is under heated debates in this century, All the scientists unanimously agree that it behaves like a particle and as a wave simultaneously. It is interesting to note that a thing which is only hypothetical is behaving in two ways at the same time and its behavior is acknowledged as sure and certain. It is also said, besides this, that electron has not been seen till date nor there is any such hope even in the future. But despite all this the electron is acknowledged as one of the most concrete reality which has ever been perceived by the human mind, or would ever come to man's knowledge. It is only a supposition in their minds which has been followed and the result of their pursuit is such a conclusion which is of great significance for inventions and discoveries and is considered an important stage of success.

They are striving hard to introduce this important stage to the people, Many times it happens that things once believed to be factual and real are rejected and replaced by new facts, discoveries and formulae. And these new substituted facts and formulae are considered worthy of the same importance which was once reserved for the rejected ones. Obviously the unseen world is also of primary importance for them even though they call themselves materialists and the ardent fans of matter. They are not ready to acknowledge even for a moment, that there is anything like God or the Unseen World or it has any meanings or significance or it is inadequate to ignore it. They remain surrounded by the concepts which can only be termed as the materialistic once. When anything like Unseen is mentioned, their demand is always the same, that is, they cannot be conducted to any thing like the Unseen unless it is not Supplemented by a demonstration nor they are ready to believe in the Unseen or that it could be of any use or they have got any intention of granting any place to the theory of the Unseen in the world of science. No matter whatsoever they say it is only a style of their speech and an approach of their thinking. But practically they are at par with a believer of the Unseen, who presents God after acknowledging all the agencies mandatory for the faith, mentioned in the Holy Quran by God, the Most High, and have influence over any such person who believes in God. And he believes in all those agencies and entities to be a living reality and a concrete fact just as materialists acknowledge a stone or a mineral object which is present before them, which they comprehend and feel through their senses of touch, taste and sight, and about which they tell us so many things. Such as there is variation in it, there is combination in it, it is balance and moderate, it has effect, there is energy in it. And they talk in the same manner about the things present in the world of matter and they believe in them in a particular manner. In other words, Just as a fan worshipper of God believes and has faith in the Unseen similarly the lover of materialism believes in the world of matter. Neither a theist can live without believing the World of Unseen nor can a materialist live without believing the matter. Both have their own approaches and the only thing which they have in common, is their faith in their respective approaches. This faith and conviction is termed as 'life' by them. In fact, no life is possible without faith and conviction whether it is the life of an Atheist or that of a Materialist.

CREATIVE FORMULAE

When we ponder upon the creations of God, it is found that although the matter is the same, the processes, methods and rules governing them are the same; the physical urges of the creatures are the same, all have intellect and the conscious though some are comparatively more conscious and some are less, every creature is ordained with individuality. The individuality is of two types; one is collective and the other is in the form of a different and unique personality. The collective aspect is called the species and the other one is the individual. Every individual of every species has its own distinct and separate position, shape, form, complexion, color and features. Members of the parrot family appears to be the same and alike. Members of the pigeon family have the resembling appearance to one another. Likewise, all the creatures of God individually have the same shape and form which is particular for their species. It is such a thing which is quite usual for the human observation and does not require too much pondering.

Thoughtful consideration regarding the variety of the species leads us to conclude that the difference of species is because of certain fixed quantities. A goat is created when certain fixed quantities appointed by God become functional. It never happens that a pigeon could be born to a goat. These specific quantities are not only functional in the creatures living on the earth but are active in every part of every creation in the universe. The most important role of these quantities is that when they intermix or diffuse into one another they adopt different colors and these very colors form the specific features of a species.

The creative formulae have been described by [Qalander ba'ba Auliya](#) in the following way:-

"All the material bodies existing in the universe are the combinations of certain colors. These colors are formed because of the particular movements of Nasma (the Aura). A specific length of the movement of the Aura forms one color and the other length forms another color. Thus countless colors are formed by the countless lengths of the movements of Aura. The numerical sum and combination of these colors is distinctly fixed for each species. If 'X' combination and the numerical sum of the colors is fixed for the roses then always a rose will be produced by the 'X' sum and combination of the colors, no other thing will come into being from this combination of the colors. If 'Y' is the sum of colors for man then no other animal can be produced from this sum and combination of colors. Only the members of the mankind would be produced from this Specific Combination of certain chromatic lights. Concentration of these very colors produces that thing which is called matter and as generally considered the matter is not a concrete and solid thing, if it is broken down and dispersed to its least fractions, then only rays of different colors would remain. If many colors are dissolved in water, a *khaki* compound will be obtained which is called the soil. The roots of grass, plants and trees, with the help of water, break down the soil particles into colors and the colors required for their specific kind are absorbed which later on are displayed in the leaves and the petals. The manifested life of all the creatures and existents is based upon this very chemical action"

Eleven Thousand Colors

Matter is one and the same but dies and moulds are different. The process of creation is activated when a die preserving the matter in itself motivates it in such a way that the matter is converted into different and specific quantities. When these specific quantities

mix and diffuse together they form any one color and when these one color mixes with another color a third one is formed. Thus countless colors come into being and these countless and incalculable colors are the universe of God. The colors, observed by the Qalander Conscious, aggregate to about eleven and a half thousand whereas the colors discovered by the scientists so far are about sixty in numbers. Generally when we talk of colors we are told that there are only best seven colors in total. How many colors actually are there is only best known to God but it comes to our knowledge through Qalander Conscious that the colors are the basis of the individuals of the universe and when these colors begin to flow an electric current is produced. This electric current forms life. Arsenic or strychnine causes death because the flow of the colors in these substances or the voltage of the electricity is much higher than that of the voltage level of man. Just like a 60 watt bulb is supplied with many thousand watts of electric power the bulb will fuse off eventually.

Electric Flow in Man

Whenever we happen to come in contact with the electric current we suffer a shock. The shock is the result of the disturbance in the flow of the electric current already flowing in the body of man, which is felt through out the body as a turbulence and if the voltage of the electricity functional in the human body is weak or less than the encountering electricity, man falls and loses consciousness but if the electricity is handled in such a way that the current is not earthed through his body then he will be saved from the shock. It is revealed from this established fact that in the cosmic creation there are certain things which according to the principle of the negative and positive absorb the electric current This formula tells us there are certain creative factors which can accumulate and store electricity.

The Qalander Conscious guides us that according to the creative formulae we can activate all types of invisible potentialities in ourselves through our will power, determination and authority. When some one is acquainted with Nasma (the Aura); the electric flow, he can not only control the flow of the electricity but can also store and accumulate as much as he wishes so and by using this stored energy he can even fly in the Invisible World without using any means or resources. The accumulation of the electricity enables him to get across the horizons of the sky authoritatively as and when he wills, where countless earths similar to our own earth come before his eyes and he observes trillions of worlds in the galaxies just as he sees the creatures of God on this planet earth. Whenever the Qalander Conscious is awakened, it is observed, understood and comprehended that there are inestimable earths in the universe like the one on which we are living. The other earths are also inhabited by the people like us, they also propagate themselves by reproduction. They too cultivate, eat and drink. They also have businesses and social set-ups, civilizations and ceremonies for life and death, in short, every thing which we observe in our planet is there in other countless worlds as well.

Negation of Time

Man's ability to fly is associated with the accumulated store of electricity. The more is the store of energy, more is the ability of man to negate Time and Space. Numerous incidents are found in the history of mankind when man traveled the journey of many years in one minute without any material means and sources. Ghous Ali Shah states that once a mail, who appeared to be a courtier because of his attire, came to Shah Abdul Aziz and told him, that he had faced such a queer and enigmatic situation that nobody was willing to

believe him and even he himself was puzzled and perplexed. He stated his story in the following manner.

"I used to live in Lucknow, was employed and enjoying the prosperity when luck turned its face from me and I lost my job. When the financial problems grew louder, I decided to try my luck in some other place and set on the journey towards Oodaypur, taking some food along for the way. On my way, at Revari, I stayed in an inn. In those days it wasn't a busy place. Few maidservants also worked there. I was sitting there with worrying thoughts on my mind because the funds had exhausted by then. One of the maid Servants of the in approached me and asked about the food, I pretended to be tired and told her to let me rest for a while and that I would have something later on. After a while she again came to me and asked the same. My reply was also the same and she left. When she came to me for the third time I couldn't resist and told her every thing including my state of pennilessness. And that I was left with the only option of selling my horse and the arms. On hearing this she quietly went away with a grave expression on her face. After a short while she returned and gave me ten rupees saying that it was her hard earned money, saved as her burial expenses and wants to give that money to me as a loan and that I could return it to her when God would enable me to do so. I took that money gratefully and reached Oodaypur. God willing I got job there at the royal court. In a few years time I was quite established when one day I was in receipt of a letter from my home that I was required to be at home in connection with the ceremony of my son's marriage, which had already, been delayed enough.

I requested the Raja to grant me leave for the purpose and started for home. When I reached Revari, the old memories flashed back and I went to the inn and inquired about the maid who had given me loan. I was told that she was on her deathbed. When I had access to leer she breathed her last before me. I arranged for her funeral and burial etc. Late in the night when I was going to bed I found that a pronote of five thousand rupees was missing. I hectically searched for it, but in vain. It occurred to me that most probably when I was lowering the dead-body of the maid in the grave I dropped it there. Following this idea, I went to the grave-yard and started digging her grave. When I got in the grave, to my surprise, there wasn't any coffin nor was my pronote there but an open window was in sight. I couldn't resist the urge to see through that window of the grave. I found a whole new world before my eyes. The gardens and orchards were in sight all over the scene. A grand edifice was also in sight. I gathered my courage and went in through that window. When I reached the building, I found a very beautiful lady, dressed in royal robe, elegantly made up, attended by maid-servants was sitting there, The lady addressed me and asked me if I had recognized her. She said, "I am the same maid-servant who had given you ten rupees, God very graciously liked that deed of mine and granted these bounties and favors to me, here is your pronote, which was dropped in the grave, take it and leave this place immediately".

I expressed my desire to stay for a while and to look around that place but she vehemently opposed my suggestion saying, "You will never be able to see this place even in all the time till the Last Day, just leave at once, no one knows, where the world of yours will be by now". I did as she had urged. When I came out of that place, I found myself in a strange world. The inn wasn't there nor were those people around, who were there at the time of my descent in the grave. A new city had emerged there where the inn used to be. I inquired about the inn but found everybody ignorant of its existence. When I tried to state my experience and the observation everybody considered me an insane

person. Finally was taken to an old man Who after listening to me, mused for a while and said, "I do remember faintly, something said about the inn by my great-grand father and about the mysterious vanishing of a rich man who was staying there". "When I informed them that it was me who was staying in the inn and had disappeared from there, all who were present there expressed their astonishment". After stating this much the man became silent and then requested Shah Abdul Aziz what he should do and where should he go as he has got no place to reside and to lodge and moreover this happening had paralyzed his mind.

Shah Abdul Aziz commented, "Whatsoever you have told me is correct, the units of time of this world are altogether different from the units of time of that world". And advised him to go to the "House of God" (*Kaaba*) and to spent the rest of his life in remembrance of God. Then he gave him viaticum for the journey and bade him farewell.

Oxygen and The Body System

It has been discovered in this present era of science and learning that the functioning of billions of brain cells comes to an end if the oxygen supply is disconnected even for a short while. The whole system of the depends upon on the oxygen. The system of respiration remains busy in extracting of oxygen from air.

Air is inhaled in the body through the nose or the mouth which enters the trachea after passing through the larynx and from there it enters in a delicate system of tubes. As the air advances, its pressure increases and the diameter of the tubes decreases therefore the air reaches the extreme depths of the lungs where the oxygen is absorbed in the blood through about three hundred million air sacs (alveoli). If the pressure of the air and the quantity of the oxygen is adequate then it is dispersed in the body after passing through the air sacs which are richly supplied with a net work of membranous capillaries. When we inhale, the empty space of the chest expands. Because of the movement of the diaphragm the air from the out side rushes to enter the body and when we exhale, the air is pushed out of the body because of the elasticity of the lungs.

The purpose of breathing is to supply adequate amount of oxygen to the body so that the tiny furnaces of the cells should remain operative and e carbon dioxide could be drawn out of the body. When man is resting, breathing rate is between 10 to 16 times per minute, thus causing about one pint air to enter the body with each intake. When more oxygen is required by the body the rate of respiration increases. Normally the rate and depth of respiration is controlled automatically by the brain.

Man has been granted the ability of increasing or decreasing the rate of respiration according to his requirements. Normally if man is mentally healthy he enjoys control over his breathing. During diving, for instance, one has to hold his breath with manageable easiness. When we yawn or breath deeply we feel relieved and if some obstruction is there in the trachea, we feel suffocated and become putrefied. In short, the life depends upon respiration. If the respiration is there the life is there and when the reparation stops the life also comes to an end.

Respiration is directly related to the supply of oxygen. A major part of the oxygen remains stored in the particular portion of the brain, which controls and maintains the rate of heart-beating and the respiration system. In fact man dies when the oxygen stored in

the brain is completely exhausted. If the cause of death is heart failure and the oxygen stored in the brain is not fully exhausted, in medical terms, it is called, 'coma'. It is a routine observation that a patient is given oxygen when he is in a critical state and this usually helps in controlling even the major diseases, no matter if only temporarily. God, the best of all the creators has designed our lungs in such a way that the blood of whole body returns to the body, enriched with oxygen with in three minutes, that is, the blood of the whole body completes its circulation and comes back to the lungs for oxygen after every three minutes. Inhaling causes 21% oxygen of the air to enter our body and only about 12% is exhaled, rest of it is consumed. If oxygen could be stored in the brain through certain exercises and by applying certain techniques of spiritualism the method of its utilization could also be learnt then one can live for months by holding his breath and stopping the heart beating as and when he wishes so and could also come out of this state of the adopted death, as and when he desires so.

Two Hundred Years Sleep

A mimic wanted to have a horse and the robe of decoration from the king. He tried many disguises in order to impress the king and have the reward of the horse and the robe, but the king always refused to be impressed by his performance.

Finally, the mimic went to a yogi and implored him to teach him the control over retention of breath. After learning to control the breathing, he himself became a yogi, gathered few disciples to assist him, constructed a dome and sat in it adopting a particular posture of yoga and holding his breath. The disciples closed the door of the dome as instructed. What he had planned was that when the king would come to know of his extraordinary feat of performance he himself would come to see him and his disciples would revive him to life according to the method instructed and then he would certainly be rewarded with what he had been longing for. Before his plan could be accomplished, the city was invaded, the king was slain and the city was put to fire. The disciples also made their escape. The dome remained closed. After two hundred years the city ruins were discovered, someone noticing the dome, opened it to see what was there in it. When a sound body of a man sitting in a particular posture was found, people rushed to see him.

A yogi also happened to be there. He recognized the typical yoga posture and according to the yoga rules revived the heart beat of the mimic. When he came to his senses, the first thing he said was, "Well, now I may be rewarded the horse and the robe". Nobody could understand what he was saying. He then told them that he had done this during the rule of such and such king, in order to have a horse and the royal robe.

Dihedral Respiration

Those who have the knowledge of the creative formulae, know it well that the universe and all the existents of the universe have been created dihedrally. The respiration, in the light of this fact, also has two phases; inhalation and exhalation. Deep inhaling is an ascending movement whereas the exhaling is the descending one. Ascension is the name of the movement in which the creature is directly connected with its Creator and Descent is the movement in which man moves away from the Unseen and is entrapped in the clutches of Time and Space.

When there was nothing, God was there. God willed and the whole universe was created. It can be postulated that the basis of the creation is the Will of God. The Will of God is

the Mind or the Intention of God, that is, the real existence of ourselves and the universe is in the Mind of God. Now it the a law that if anything is no longer related to its root-cause, it cannot survive. This relationship in the phenomenal forms is established through the Ascending movement; to Inhale. Contrary to it, we have our physical personality as well and this physical and material personality is based upon the Descending Movement, to exhale.

Energy and the Soul

All universe and all its existing manifestations are traveling in a circle and every manifested existent is acquainted and familiar with one another through the medium of the thoughts. This relation ship the source of communication, according to modern science is called Energy. Science tells us that anything of the universe, visible or invisible, is not completely destructible, and the matter after transferring into various forms is converted into energy and this energy keeps on reappearing in changed forms. Total annihilation or complete destruction of anything is not possible. The same energy, in terms of spiritualism, is given the name of the Soul. The knowledge which has been bestowed upon the soul becomes the thoughts, the ideas and the feelings. These thoughts and ideas keep on traveling all the time riding on the waves and rays. If our mind could acquire the ability to read them and could control their movements then we could have the knowledge of the changes and alterations of the thoughts in the art galleries of the universe. We cannot step into the inner most recesses of the universe unless we are not aware of the roots of the heart of universe. For entrance in the heavens and the heart of universe we must be able to have control over that phase of breathing which is associated with the ascending movement

The movement of the breathing towards the depth is the Unconscious and its outward emerging movement, from the depth towards the surface, is the Conscious. When the Conscious life is active, the Unconscious life goes into the background When the Unconscious life is active the conscious movements are suppressed. For the comprehension of this law, knowledge of the stimuli of both the consciousness and the unconsciousness is necessary. The mysterious powers of the mind can be put to work only when the ascending movement of the respiration is controlled by the brain. This causes the development of abilities of focusing and concentration It may please be remembered that the antenna, installed within us, is able to transmit or to receive only when the mind, is enriched with the abilities of concentration and to focus its attention. These abilities could only be made functional and active when we sink deeply in the ascending movement with our devoted attention and concentration.

ROLE OF RESPIRATION IN OUR LIFE

Strong nerves and powerful mind are required for learning the metaphysical sciences. Breathing exercises are extremely useful and beneficial for having elastic nerves, active mind and to enhance the working potential. When a student of the Qalander Conscious gets control over his breathing, the functional abilities of the brain tissues and cells increase. The brain cells are charged when the breath is retained within and this provides better opportunities of arousing the hidden abilities. Spiritualists have formed rules and methods of breathing exercises which if practiced benefit at large physically and spiritually. Evidently life depends upon respiration. Whims, thoughts, ideas, perceptions and feelings exist only when the respiration system is functioning properly. The waves of health and energy enter the body through breathing but pollution, smoke and dust cause sickness when these are inhaled and they find their way in the body through respiration.

If it is conceived sitting in the open and inhaling deeply that the waves of energy and health are also entering the body and are being absorbed in the body then it does happen so. Certain breathing exercises purify the blood and accelerate the blood circulation, give boost to mental abilities and calm down the emotional excitement. Man can cure almost every disease by the breathing exercises himself, for instance, gastric troubles, stomach and intestinal ulcer, constipation, kidney's stones, flu and colds, headache, epilepsy and other mental disorders and fits, ophthalmic ailments etc. etc. The ailments of the chest, throat and nose are automatically cured if the breathing exercises are performed punctually according to the curative methods. It has also been observed that the old people, who have adopted any particular breathing exercise as a routine of their lives, stay fresh and cheerful like the youths even in their sixties and seventies. They are seldom found depressed or worried and their skin also remains wrinkleless even in the last stages of their age.

Those who perform their breathing exercises under the supervision of a teacher become empowered of transmitting their commands and directives telepathically for any desired range. I myself personally happened to experience it. Once it occurred to me, during my breathing exercise which I was practicing under the supervision of Qalander ba'ba Auliya, that when life depends upon the breathing and every existing thing of the earth is enveloped in the Aura, then how it is that we take all the pains of preparing the flour, baking the bread in order to eat it. This thought, with every sun rise, grew firm and intense.

Foods Manufactured of Lights

One day before sunrise when I was practicing the breathing exercise, with my face towards the east, a thought occurred to me that the lights and other elements responsible for producing grams are entering into me. I saw with the eyes of my astral body; the Aura, that I was helping my self with the most refined quality of the grams which were placed before my astral body. Next day I had the urge to have apples and the lights that form the apples, gathered together in the form of apples and I had them. In short, for seventeen days I continuously enjoyed my meals in the same way and during that period I never felt like eating the ordinary edibles. I would inhale the energy needed for the physical requirements. This process of having food, manufactured from the lights scattered in the vast space, made the vision of Qalander Conscious so strong and powerful that the walls of bricks and stone began to appear as thin as if those were made of paper. I could clearly hear the voices of the far away distances. I could read the

thoughts of the persons coming into contact on the screen of my mind. Strange were the experiences of those days. The gravity of the disgusted thoughts of the person posing himself pious would cause a sense of ugly smell and the delicacy of the thoughts of the one who wasn't apparently pious would always have the most pleasing effect. A world of wonders was there for me to explore.

Godowns of Lights

The ascending breath accumulates the stores of those lights in the soul of the man which enables him to emerge out of the fiction and hypothetical senses and enter into the Realm of Reality; the Unseen world. The general breathing exercises strengthen the conscious or the physical system.

The six accumulating stores of lights in man are filled up with the lights and energy because of the breathing exercises. These six stores are located at six different points in the human soul and each store permits accumulation of the Lights of specific color. The first godown is reserved for the yellow, second for the Red, third for the white, fourth for the green, fifth for the blue and the sixth for the violet colored lights. Combination of these colors forms the many colors which in fact, represent the emotions of life.

The Colorful Rays

We can see the countless shades of the blue color within the range of our sight; between the horizon and the earth. The panorama of colors seen by us comprises of light, oxygen, nitrogen and some other gases. Besides these gases there are certain shades which are either light or dark. Few other things also mix to form the sky blue color and are responsible for the variety of the colors of the atmosphere. Despite the clarity of the atmosphere or the infinite visibility there are many things present in this atmosphere.

First we discuss those lights which affect the sky blue color, in particular. What is the origin of the lights? Man does not have the exact knowledge of this thing. The stated distance of the source of the rain bow is about ninety million miles away from the earth, or to say, the colors so closely witnessed are situated some ninety million miles away from us. Now it is quite difficult to understand that what other things are present between the sun and the earth besides the rays which keep on dissolving in the atmosphere. The smallest constituent of the rays of the sun which reaches us from the sun is the photon. One of the characteristics of the photon is that there is no space in it therefore when they disperse in the form of waves they do not collide nor do they replace one another, in other words, these do not occupy space unless these have a collision with some encountering color. Collision of the photon, with any of the elements present in the atmosphere gives it space. What, in fact, is this Atmosphere? it is the variegation and the splitting up of the colors. The split up of the colors does not happen because of the photon alone but it takes place because of the loops which themselves are formed into photons. When photons have a collision with these loops, many things, like space, colors etc, are formed.

Loops in the Rays

The question arises that how are these loops formed in the rays? We do know that there are many stars or the suns in our galactic system and they are transmitting light somehow or the other. The least distance between the two suns is said to be five light-years. Wherever the lights of these stars or the suns collide, loops like our earth or other planets are formed from these colliding lights. It means that where ever the incalculable lights

from the stars; which are stated to be two hundred billion in our galaxy alone, have collision, a loop is formed which is called a planet.

Electronic Camera

There are billions of cells in the brain and an electric current remain flowing through these cells. This very electric current causes the thoughts to pass through the Conscious, Subconscious and the Unconscious. One of the chambers of the brain is that in which the pictures taken by the electric current are stored and distributed. These photos are either very bright or very dark. Another chamber contains the important things but not that much important which could be recalled to memory even after lapse of years. A third chamber stores more important things which sometimes flash back to our mind according to the situations encountered. The fourth chamber is to control the routine and involuntary actions and the behavior of man Fifth chamber is the store house of the past things which bears no significance for the network of the life, but sometimes all of a sudden are recollected. The sixth chamber from which nothing is contributed to our memory but if it is brought forward is acted upon or materialized then and there. For instance, if the thought of a bird occurs, with the occurrence of the thought the bird also physically becomes present before us. The seventh chamber is generally known as the Memory.

Penetration and infusion of the mixed sky-blue color in the brain causes to change the thoughts, the feelings, the moods and the states regularly. Gradually man learns to join and connect these thoughts with one another. The thoughts which he deletes are eliminated altogether and which are absorbed become his actions and deeds. The shades of these colors, after producing various effects according to their light or heavy density are replaced by other colors. Many such replaced colors become our feelings because are they are more dark and deep.

The Nervous System

Coordination and the control of all the internal or external movements of the body is carried out by the Nervous system, comprising of the brain, the spinal cord and a vast network of the nerves in the body. The role of the nerves is very vital because the various messages of the body reaches the brain or the spinal cord through these nerves and it enables us to know what we are looking at, what we are hearing, and what is that which is being felt by us. The brain which is encased in the skull plays the main role in the nervous system. It has three portions. The Largest part of the brain is sub-divided into two hemispheres by about a five-centimeter deep slit. One of the hemispheres is called the right-brain and the other is known as the left brain. The right side of the body is controlled by the left-brain and the left side of the body is controlled by the right brain. Upper surface of the brain is composed of a light gray matter beneath which lies the thick layer of the white matter. The thinking, the contemplation and the amusement is controlled by the white matter whereas the gray matter is responsible for the reception and transmission of the messages to and from the body. It also controls the muscles of the body. The centers of the senses of the eye, ear and nose are also located in this part of the Medulla Oblongata, the posterior part of the brain controls the heart beats. Yogis, after acquiring control over the storage of the oxygen in large quantity in Medulla Oblongata, through breathing exercises, can live for long intervals of time even without breathing or respiring. They can come back to life even after remaining 'dead' for years.

The Spinal Cord, a bundle of nerve tissues, is situated in the long hole of the back-bone; the vertebral column in the form of a long string. It maintains the link of the body with the brain all the messages for the body are distributed to the body through it. The process of the expansion, and the beats of the heart is based on the electric current. The impulses of electric current causes the expansion and the contraction of the heart just like the electricity current which controls the of a machine.

The complete system of our body is composed of a net work of the nerves in which electric current keeps on flowing. In other words, we are constrained to say that the system of our body is based upon the electric current or the light, and this whole system is continuously feed by the light.

Meditation

Describing Meditation, Qalander ba'ba says that it is such a process which enables man to be liberated from the worldly situations and interests and even from the grasp of Time and Space. It is not possible to enter the world of the Unseen unless man is not emancipated from the clutches of Time and Space, that is, if one is not completely free from the demands and needs of the body he cannot enter into the world of the Liberty from the physical needs does not mean that one should be dead, it only means that man should assign a secondary importance to his physical needs and requirements and should concentratively focus his attention towards that from where the physical needs are descending upon him in the form of Light

The easy way to exercise Meditation (the Transcendental Meditation) is that the man after adopting a comfortable posture should sit in a dark corner where the temperature is moderate. All the limbs and the muscles of the body should be relaxed. The mind should be made to plunge into a state when it is no longer aware of the existence of the body. Deep breathing helps in producing the calmness in the breathing rate. Eyes are to be kept closed and seeing in the inner of the self is to be attempted with closed eyes. The thoughts and the deeds are to be kept pure and pious, that is, nobody should be considered bad. Mustn't have any spite, hatred, malice or grudge, if one feels hurt because of somebody instead of becoming revengeful should be forgiving. Struggle and efforts for the earning of the livelihood and subsistence of the life should be carried out diligently and with the best of the abilities, leaving the yielding results and the consequences upon God. If it is felt that someone has been hurt or he had been aggressive for his opponent in his behavior and attitude then regardless of the weakness, poverty, or the lower status of the grieved, must apologize profusely and regretfully. The same type of things should be offered to others which he considers befitting for himself. Wealth and the riches mustn't be every thing for him rather no significance should be attributed to them. The means and the resources granted by God should be used happily and gratefully and the same should not be declared as the sole purpose of life. Creatures of God should be served in every possible way. The process of Meditation tones the Subtlety of the Self of the person very quickly who has the virtuous thoughts and decent habits. The colorfulness of the Subtlety of the Self results in the clarity of the Conscious.

Meditation (Meditation) is a process in which the orders and the directives of the preceptor or the teacher are required to be carried out in sheer obedience. If there is any resistance or defiance in the spiritual student or the associate the process of the Meditation will remain incomplete. For positive results and success of the Meditation complete submission of the self is of vital importance.

Meditation makes a man acquainted with the Inner Realm in the same manner as he is familiar with the phenomenal world. When the Spiritual associate enters the Unseen World he starts witnessing the solar systems and the countless galaxies in the Unseen World. And just as he does in this phenomenal world, fulfills the requirements of the life in the unseen realm. Introduces himself to the angels, converses and communicates with them, all those facts and realities upon which the creation of the universe is based, is revealed upon him. What type of lights are functioning in the construction of the universe, is also observed by him. What is the source and the origin of these lights, how these lights are being created, how are they supplied to the individuals of the universe, and how do the changes of the quantities and magnitudes of these lights effect the formation of the features of the universes, is also observed by him. He also notices that the source of these lights are the Anwar (Lights) and he envisions the Beatific Vision as well which is the root-cause of the Lights (Anwar); the Lights which are holding and supporting the lights become known to him

[Qalander ba'ba Auliya](#), the founder of the Qalander Conscious, has devised a comprehensive system for Meditation; the Transcendental Meditation. For learning the metaphysical sciences the guidance and the supervision of a Spiritual Teacher is prerequisite as it is necessary for learning any other subject or knowledge. A student initially studies the ABC of the subject and then learns to construct sentences under the guidance of the teacher and later on the study of voluminous books on the subject becomes a routine for him. Similarly for learning Metaphysical Sciences too guidance and patronage of a Spiritual Teacher or mentor are necessary.

The International Organization, "The Qalander Conscious" have prepared the syllabus and lessons of Meditation (the Transcendental Meditations) on the pattern of the open university. Those who are desirous of learning the metaphysical sciences, anywhere in the world, may contact any one of the following addresses, in this regard.